



#WeAreVSA



**JR ACADEMY PRACTICE SCHEDULE  
FALL 2018**

**Start Date:** Week of August 13<sup>th</sup>  
**End Date:** Week of November <sup>th</sup>

\*Pre-Season Camp Begins — August 6<sup>th</sup> (Separate Schedule To Be Released)

\*Groups Could Go Longer Depending on Event Schedule

**ADP Boys**

Monday 5:00PM to 6:00PM Field 6 a  
Friday 5:00PM to 6:00PM Field 6 a

**ADP Girls**

Monday 5:00PM to 6:00PM Field 6 b  
Friday 5:00PM to 6:00PM Field 6 b

**10 Boys**

Monday 6:00PM to 7:15PM Field 6 a  
Wednesday 5:00PM to 6:00PM Field 8 a  
Friday 6:00PM to 7:15PM Field 6 a

**10 Girls**

Monday 6:00PM to 7:15PM Field 6 b-2  
Wednesday 5:00PM to 6:00PM Field 8 b  
Friday 6:00PM to 7:15PM Field 6 b

**09 Boys**

Monday 7:15PM to 8:30PM Field 6 a  
Wednesday 6:00PM to 7:00PM Field 8 a  
Friday 7:15PM to 8:30PM Field 6 a

**09 Girls**

Monday 7:15PM to 8:30PM Field 6 b-2  
Wednesday 6:00PM to 7:00PM Field 8 b  
Friday 7:15PM to 8:30PM Field 6 b

**Key Contacts:**

Benjy Slator  
Kelsey Surkamp

[bslator@vsaonline.org](mailto:bslator@vsaonline.org)  
[ksurkamp@vsaonline.org](mailto:ksurkamp@vsaonline.org)

Boys Director of Player Development  
Girls Director of Player Development





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**PRE-ACADEMY ELITE (NPL/NC SL) PRACTICE SCHEDULE  
FALL 2018**

**Start Date:** Week of August 13<sup>th</sup>      \*Pre-Season Camp Begins — August 6<sup>th</sup> (Separate Schedule To Be Released)  
**End Date:** Week of November <sup>th</sup>      \*Groups Could Go Longer Depending on Event Schedule

**08 Boys      NPL & NC SL**  
Monday      6:00PM to 7:15PM    Field 7 b-1  
Tuesday      5:00PM to 6:15PM    Field 5 b-1  
Wednesday    6:00PM to 7:00PM    Field 5 a-1

**08 Girls      NPL & NC SL**  
Monday      6:00PM to 7:15PM    Field 6 b-1  
Tuesday      5:00PM to 6:15PM    Field 5 b-2  
Wednesday    6:00PM to 7:00PM    Field 5 a-2

**07 Boys      NPL & NC SL**  
Monday      7:15PM to 8:30PM    Field 7 b-1  
Tuesday      6:15PM to 7:30PM    Field 5 b-1  
Wednesday    7:00PM to 8:00PM    Field 5 a-1

**07 Girls      NPL & NC SL**  
Monday      7:15PM to 8:30PM    Field 6 b-1  
Tuesday      6:15PM to 7:30PM    Field 5 b-2  
Wednesday    7:00PM to 8:00PM    Field 5 a-2

**06 Boys      NPL**  
Tuesday      5:15PM to 6:30PM    Field 6 a-2  
Wednesday    8:00PM to 9:00PM    Field 5 a-1  
Thursday      6:30PM to 7:45PM    Field 7 a

**06 Girls      NPL**  
Monday      5:00PM to 6:00PM    Field 5 b-1  
Tuesday      5:00PM to 6:15PM    Field 6 a-1  
Thursday      5:00PM to 6:15PM    Field 7 b

**05 Boys      NPL**  
Tuesday      5:00PM to 6:00PM    Field 5 a-1  
Wednesday    5:00PM to 6:15PM    Field 6 b-2  
Thursday      5:00PM to 6:15PM    Field 5 a

**05 Girls      NPL**  
Monday      5:00PM to 6:15PM    Field 7 a-1  
Wednesday    5:00PM to 6:15PM    Field 6 b-1  
Friday      7:30PM to 8:45PM    Field 7-a

**Key Contacts:**  
U14-U19    NPL Pre-Academy Director      Dale Parker      [dparker@vsaonline.org](mailto:dparker@vsaonline.org)  
U13-U9    Assistant NPL Pre Academy Director      Alex Herrera      [aherrera@vsaonline.org](mailto:aherrera@vsaonline.org)





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## PRE-ACADEMY SELECT (RED/NAVY) PRACTICE SCHEDULE Fall 2018

**Start Date:** Week of August 13<sup>th</sup>  
**End Date:** Week of November <sup>th</sup>

**TECHNICAL TRAINING NIGHTS:** SEPTEMBER 5 — OCTOBER 24  
\*Groups Could Go Longer Depending on Event Schedule

**08 Boys**  
Monday 6:00PM to 7:15PM Field 7 b-1  
Tuesday 6:15PM to 7:30PM Field 5 b-1  
Wednesday 5:00PM to 6:00PM Field 5 b 1 - Technical Training Night — Led by Pre-Academy Director

**08 Girls**  
Monday 6:00PM to 7:15PM Field 6 b-1  
Wednesday 5:00PM to 6:00PM Field 5 b 2 - Technical Training Night — Led by Pre-Academy Director  
Friday 6:15PM to 7:30PM Field 5 b-1

**07 Boys**  
Monday 7:15PM to 8:30PM Field 7 b-1  
Wednesday 5:00PM to 6:00PM Field 5 b 1 - Technical Training Night — Led by Pre-Academy Director  
Friday 6:15PM to 7:30PM Field 5 a-1

**07 Girls**  
Monday 7:15PM to 8:30PM Field 6 b-1  
Wednesday 5:00PM to 6:00PM Field 5 b 2 - Technical Training Night — Led by Pre-Academy Director  
Friday 6:15PM to 7:30PM Field 5 b-2

**06 Boys**  
Monday 7:45PM to 9:00PM Field 5 b-1  
Wednesday 5:00PM to 6:00PM Field 5 a-1 (TTN)  
Friday 6:15PM to 7:30PM Field 5 b-2

**06 Boys**  
Monday 6:15PM to 7:30PM Field 5 b-1  
Wednesday 5:00PM to 6:00PM Field 5 a -1 (TTN)  
Friday 5:00PM to 6:15PM Field 5 a

**06 Girls**  
Monday 5:00PM to 6:15PM Field 5 a-2  
Wednesday 5:00PM to 6:00PM Field 5 a-2 (TTN)  
Friday 5:00PM to 6:15PM Field 5 a-2

**06 Girls**  
Monday 5:00PM to 6:15PM Field 7 a-2  
Wednesday 5:00PM to 6:00PM Field 5 a-2 (TTN)  
Friday 7:30PM to 8:45PM Field 5 a

**05 Boys**  
Monday 5:00PM to 6:15PM Field 7 b2  
Wednesday 5:00PM to 6:00PM Field 5 a-1 (TTN)  
Friday 6:30PM to 7:45PM Field 7 b

**05 Girls**  
Monday 5:00PM to 6:15PM Field 5 a-1  
Tuesday 7:00PM to 8:15PM Field 5 a-2  
Wednesday 5:00PM to 6:00PM Field 5 a-2 (TTN)

**Key Contact:**  
Alex Saunders [asaunders@vsaonline.org](mailto:asaunders@vsaonline.org) Select Director





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## ACADEMY ELITE (NPL) PRACTICE SCHEDULE FALL 2018

**Start Date:** Week of August 13<sup>th</sup>      \*Pre-Season Camp Begins — August 6<sup>th</sup> (Separate Schedule To Be Released)  
**End Date:** Week of November <sup>th</sup>      \*Groups Could Go Longer Depending on Event Schedule

**04 Boys NPL**  
 Monday 7:45PM to 9:15PM Field 5 b-2  
 Wednesday 7:45PM to 8:45PM Field 6 b-2  
 Thursday 8:00PM to 9:30PM Field 5-b

**04 Girls NPL**  
 Monday 6:15PM to 7:45PM Field 7 a-1  
 Wednesday 7:30PM to 8:45PM Field 6 b-1  
 Friday 6:15PM to 7:30PM Field 7 a

**03 Boys NPL**  
 Tuesday 7:30PM to 9:00PM Field 5 b-2  
 Wednesday 5:00PM to 6:00PM Field 6 a-2  
 Thursday 5:00PM to 6:30PM Field 6 b

**03 Girls NPL**  
 Tuesday 5:00PM to 6:30PM Field 7 b-1  
 Wednesday 7:00PM to 8:00PM Field 6 a-2  
 Thursday 5:00PM to 6:30PM Field 7 a

**02 Boys NPL**  
 Tuesday 5:00PM to 6:30PM Field 7 a-1  
 Wednesday 6:00PM to 7:00PM Field 6 a-1  
 Thursday 5:00PM to 6:30PM Field 6 a

**02 Girls NPL**  
 Monday 7:45PM to 9:15PM Field 7 a-1  
 Wednesday 6:15PM to 7:30PM Field 6 b-1  
 Friday 5:00PM to 6:15PM Field 7 a

**01/00 Boys NPL**  
 Tuesday 5:00PM to 6:30PM Field 7 a-2  
 Wednesday 6:00PM to 7:00PM Field 6 a-2  
 Thursday 5:00PM to 6:30PM Field 5 b

**01/00 Boys NPL II**  
 Monday 8:30PM to 9:45PM Field 7 b  
 Tuesday 7:30PM to 9:00PM Field 5 b-1  
 Wednesday 5:00PM to 6:00PM Field 6 a-1

**01/00 Girls NPL**  
 Tuesday 6:00PM to 7:00PM Field 5 a-1  
 Wednesday 6:15PM to 7:45PM Field 6 b-2  
 Thursday 6:15PM to 7:45PM Field 5-a

**Key Contact:**  
 Dale Parker      [dparker@vsaonline.org](mailto:dparker@vsaonline.org)      NPL Academy Director





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**ACADEMY SELECT (RED) PRACTICE SCHEDULE  
FALL 2018**

**Start Date:** Week of August 13<sup>th</sup>  
**End Date:** Week of November <sup>th</sup>

**TECHNICAL TRAINING NIGHTS: SEPTEMBER 5 — OCTOBER 24**  
\*Groups Could Go Longer Depending on Event Schedule

**04 Boys Select Red**  
Monday 7:45PM to 9:00PM Field 5 a-2  
Tuesday 5:00PM to 6:15PM Field 7 b-2  
Wednesday 8:15PM to 9:15PM Field 7 a-1 - Technical Training Night — Led by Academy Director

<b>04 Girls Select Red</b>	<b>04 Girls Select Navy</b>
Monday 7:45PM to 9:00PM Field 7 a-2	Monday 6:15PM to 7:45PM Field 5 a-1
Tuesday 7:00PM to 8:15PM Field 5 a-1	Tuesday 8:15PM to 9:45PM Field 5 a-2
Wednesday 8:15PM to 9:15PM Field 7 a-2 (TTN)	Wednesday 8:15PM to 9:15PM Field 7 a-2 (TTN)

**03 Boys Select Red**  
Monday 6:15PM to 8:30PM Field 7 b-2  
Wednesday 8:15PM to 9:15PM Field 7 a-1 - Technical Training Night — Led by Academy Director  
Friday 5:00PM to 6:30PM Field 7 b

**03 Girls Select Red**  
Monday 6:15PM to 7:45PM Field 7 a-2  
Tuesday 8:15PM to 9:45PM Field 5 a-1  
Wednesday 8:15PM to 9:15PM Field 7 a-2 - Technical Training Night — Led by Academy Director

**02 Boys Select Red**  
Monday 6:15PM to 8:45PM Field 5 b-2  
Tuesday 5:00PM to 6:30PM Field 6 b  
Wednesday 8:15PM to 9:15PM Field 7 a-1 - Technical Training Night — Led by Academy Director

**02/01 Girls Select Red**  
Monday 6:15PM to 7:45PM Field 5 a-2  
Wednesday 8:15PM to 9:15PM Field 7 a-2 - Technical Training Night — Led by Academy Director  
Friday 7:45PM to 9:15PM Field 7 b

**Key Contact:**  
Alex Saunders [asaunders@vsaonline.org](mailto:asaunders@vsaonline.org) Select Director

