



#WeAreVSA



**JR ACADEMY PRACTICE SCHEDULE
SPRING 2019**

STARTING WEEK: MARCH 4TH ENDING WEEK: JUNE 3RD

ADP Boys

Monday 5:00PM to 6:00PM Field 6
Friday 5:00PM to 6:00PM Field 6

ADP Girls

Monday 5:00PM to 6:00PM Field 6
Friday 5:00PM to 6:00PM Field 6

10 Boys

Monday 6:00PM to 7:15PM Field 6 a
Wednesday 6:00PM to 7:15PM Field 6 a
Friday 6:00PM to 7:15PM Field 6 a

10 Girls

Monday 6:00PM to 7:15PM Field 6 b-2
Wednesday 6:00PM to 7:15PM Field 6 b
Friday 6:00PM to 7:15PM Field 6 b

09 Boys

Monday 7:15PM to 8:30PM Field 6 a
Wednesday 7:15PM to 8:30PM Field 6 a
Friday 7:15PM to 8:30PM Field 6 a

09 Girls

Monday 7:15PM to 8:30PM Field 6 b-2
Wednesday 7:15PM to 8:30PM Field 6 b
Friday 7:15PM to 8:30PM Field 6 b

Key Contacts:

Benjy Slator
Kelsey Surkamp

bslator@vsaonline.org
ksurkamp@vsaonline.org

Director of Player Development for Boys
Director of Player Development for Girls





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**PRE-ACADEMY ELITE (NPL/NC SL) PRACTICE SCHEDULE
SPRING 2019**

STARTING WEEK: MARCH 4TH ENDING WEEK: JUNE 3RD

08 Boys NPL & NC SL
Monday 6:15PM to 7:30PM Field 7 b-1
Tuesday 5:00PM to 6:15PM Field 6 b-1
Wednesday 6:00PM to 7:00PM Field 5 a-1

08 Girls NPL & NC SL
Monday 6:00PM to 7:15PM Field 6 b-1
Tuesday 5:00PM to 6:15PM Field 6 b-2
Wednesday 5:00PM to 6:00PM Field 5 a-2

07 Boys NPL & NC SL
Monday 7:30PM to 8:45PM Field 7 b-1
Tuesday 6:15PM to 7:30PM Field 6 b-1
Wednesday 7:00PM to 8:00PM Field 5 a-1

07 Girls NPL & NC SL
Monday 7:15PM to 8:30PM Field 6 b-1
Tuesday 6:15PM to 7:30PM Field 6 b-2
Wednesday 6:00PM to 7:00PM Field 5 a-2

06 Boys NPL
Tuesday 5:15PM to 6:30PM Field 5 a-2
Wednesday 8:00PM to 9:00PM Field 5 a-1
Thursday 6:30PM to 7:45PM Field 5 b

06 Girls NPL
Monday 5:00PM to 6:00PM Field 5 b
Tuesday 5:00PM to 6:15PM Field 5 a-1
Thursday 5:00PM to 6:15PM Field 5 a

05 Boys NPL
Tuesday 5:00PM to 6:15PM Field 5 b
Wednesday 5:00PM to 6:00PM Field 5 a-1
Thursday 5:00PM to 6:15PM Field 7 b

05 Girls NPL
Monday 6:30PM to 7:45PM Field 7 a-1
Wednesday 7:00PM to 8:00PM Field 5 a-2
Friday 6:30PM to 7:45PM Field 7 b

Key Contacts:

U13-U19 NPL Pre/Academy Director

U11-U12 Assistant NPL Pre Academy Director

Dale Parker

Alex Herrera

dparker@vsaonline.org

aherrera@vsaonline.org





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**PRE-ACADEMY SELECT (RED/NAVY) PRACTICE SCHEDULE
SPRING 2019**

STARTING WEEK: MARCH 4TH ENDING WEEK: JUNE 3RD

08 Boys Select Red
Tuesday 7:15PM to 8:30PM Field 6 a-2
Wednesday TTN 5:00PM to 6:00PM Field 6
Friday 6:15PM to 7:30PM Field 5 a-2

08 Girls Select Red
Monday 6:00PM to 7:15PM Field 6 b-1
Wednesday TTN 5:00PM to 6:00PM Field 6
Friday 6:15PM to 7:30PM Field 5 b-1

07 Boys Select Red
Monday 6:15PM to 7:30PM Field 7 b-1
Wednesday TTN 5:00PM to 6:00PM Field 6
Friday 6:15PM to 7:30PM Field 5 a-1

07 Girls Select Red
Monday 7:15PM to 8:30PM Field 6 b-1
Wednesday TTN 5:00PM to 6:00PM Field 6
Friday 6:15PM to 7:30PM Field 5 b-2

06 Boys Select Red
Monday 6:15PM to 7:45PM Field 5 b-1
Wednesday TTN 5:00PM to 6:00PM Field 6
Friday 6:30PM to 7:45PM Field 7 a-1

06 Boys Select Navy
Monday 5:00PM to 6:15PM Field 7 b-1
Wednesday TTN 5:00PM to 6:00PM Field 6
Friday 5:00PM to 6:15PM Field 5 a

06 Girls Select Red
Monday 6:30PM to 7:45PM Field 7 a-2
Tuesday 6:00PM to 7:15PM Field 6 a-1
Wednesday TTN 5:00PM to 6:00PM Field 6

06 Girls Select Navy
Monday 5:00PM to 6:15PM Field 5 a-2
Wednesday TTN 5:00PM to 6:00PM Field 6
Friday 7:30PM to 8:45PM Field 5 b-1

05 Boys Select Red
Monday 5:00PM to 6:15PM Field 7 b-2
Wednesday TTN 5:00PM to 6:00PM Field 6
Friday 6:30PM to 7:45PM Field 7 a-1

05 Girls Select Red
Monday 6:30PM to 7:45PM Field 5 a-1
Tuesday 6:00PM to 7:15PM Field 6 a-2
Wednesday TTN 5:00PM to 6:00PM Field 6

Key Contact:
Alex Saunders asaunders@vsaonline.org Select Director





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**ACADEMY ELITE (NPL) PRACTICE SCHEDULE
SPRING 2019**

STARTING WEEK: MARCH 4TH ENDING WEEK: JUNE 3RD

04 Boys

NPL
Monday 6:15PM to 7:45PM Field 5 b-2
Wednesday 8:15PM to 9:15PM Field 7a
Thursday 8:00PM to 9:30PM Field 5a

04 Girls

NPL
Monday 5:00PM to 6:30PM Field 7 a-1
Wednesday 8:00PM to 9:00PM Field 5 a-2
Friday 5:00PM to 6:30PM Field 7 b

03 Boys

NPL
Thursday 5:00PM to 6:30PM Field 5

03 Girls

NPL
Monday 7:45PM to 9:15PM Field 6

02 Boys

NPL
Thursday 5:00PM to 6:30PM Field 5

02 Girls

NPL
Monday 7:45PM to 9:15PM Field 6

01/00 Boys

NPL
Thursday 5:00PM to 6:30PM Field 5

01/00 Boys

NPL II
Thursday 5:00PM to 6:30PM Field 5

01/00 Girls

NPL
Monday 7:45PM to 9:15PM Field 6

Key Contact:

Dale Parker dparker@vsaonline.org

NPL Academy Director





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**ACADEMY SELECT (RED/NAVY) PRACTICE SCHEDULE
SPRING 2019**

STARTING WEEK: MARCH 4TH ENDING WEEK: JUNE 3RD

04 Boys

Tuesday
Friday

Select Red

8:30PM to 9:45PM Field 6 a-2
7:30PM to 8:45PM Field 5 a

04 Girls

Monday
Tuesday

Select Red

7:45PM to 9:00PM Field 7 a-2
7:15PM to 8:30PM Field 6 a-1

04 Girls

Monday
Tuesday

Select Navy

5:00PM to 6:30PM Field 5 a-1
5:00PM to 6:00PM Field 6 a-2

03 Boys

Monday
Friday

Select Red

6:15PM to 7:30PM Field 7 b-2
5:00PM to 6:30PM Field 7 a

03 Girls

Monday
Tuesday

Select Red

5:00PM to 6:30PM Field 7 a-2
8:30PM to 9:45PM Field 6 a-1

02 Boys

Monday
Friday

Select Red

7:45PM to 9:15PM Field 7a-1
7:45PM to 9:15PM Field 7a-1

02 Girls

Monday
Tuesday

Select Red

6:15PM to 7:45PM Field 5 a-2
7:30PM to 8:30PM Field 6 b-1

Key Contact:

Alex Saunders

asaunders@vsaonline.org

Select Director

