

Coaching Slate 2019-2020

#WeAreVSA



Who Are We

Mission Statement:

Our purpose is to be a community based soccer club that is committed to providing players of all levels and backgrounds the opportunity to play the beautiful game of soccer!

Vision Statement:

To build a pathway that provides a professionalized platform creating opportunities for all players in our club to succeed in life on and off the field

Core Values:

Community
Collaboration
Character
Commitment



Community | Collaboration | **Character** | Commitment

Club Philosophy

Develop The Player: We will always put the player first and develop them in the key components of the game. We will provide opportunities for all players to grow on the field.

Develop The Person: We will always strive to look at the bigger picture and create young people who have characteristics and traits to succeed away from the soccer field. We will value hard work, humility, integrity, respect, responsibility, and a growth mindset above all else.

Develop The Club: We will work together as coaches, players, and parents to create a club that we can be proud to be part of. On and off the field we will represent the club in the best possible way, striving to be people the local community can be proud of. VSA will be unique to us!

Develop The Future: We will create a pathway and future for our players to be successful in all walks of life. Ultimately we are creating a better future for our community!



Community | Collaboration | **Character** | Commitment

Boys Coaching Slate

AGE	YOB	Team	Coach	License
U9	2011	Jr Academy	Benjy Slator	USSF C License / USSF National Youth License / VSA Director of Player Development / Director of Sports Performance VSA & VDA / Former College and NPSL Player
U9	2011	Jr Academy	Ronald Ribera	USSF C License / USSF Grassroots License / Former Pro in Bolivia
U9	2011	Jr Academy	Jov Hall	USSF D License / USSF Grassroots License / Former College Player / Coaching Experience with DC United
U9	2011	Jr Academy	Brian Plonk	USSF Grassroots License / Former VSA Travel Player
U10	2010	Jr Academy	Benjy Slator	USSF C License / USSF National Youth License / VSA Director of Player Development / Director of Sports Performance VSA & VDA / Former College and NPSL Player
U10	2010	Jr Academy	Ronald Ribera	USSF C License / USSF Grassroots License / Former Pro in Bolivia
U10	2010	Jr Academy	Jov Hall	USSF D License / USSF Grassroots License / Former College Player / Coaching Experience with DC United
U10	2010	Jr Academy	Brian Plonk	USSF Grassroots License / Former VSA Travel Player

Register for Tryouts — [HERE](#)



Community | Collaboration | **Character** | Commitment

Boys Coaching Slate

AGE	YOB	Team	Coach	License
U11	2009	NPL Elite	Shaka Bangura	USSF C (Taking) / USSF D / Former Professional In Cyprus, Thailand / Indonesia And In The USA (Atlanta Silverbacks/Richmond Kickers)/ College Standout
U11	2009	Premier Elite	Christian Sefah	USSF D License / Former College Player / VSA Staff Coach 2016, 2017
U12	2008	VDA West	Alex Herrera	USSF B License (Taking) / USSF C / USSF National Youth License / VSA Assistant DOC (Girls) / VDA Head Coach / WFA Periodization License / USYNT Player U15,U17.U19
U12	2008	Premier Elite	Shaka Bangura	USSF C (Taking) / USSF D / Former Professional In Cyprus, Thailand / Indonesia And In The USA (Atlanta Silverbacks/Richmond Kickers)/ College Standout
U13	2007	NPL Elite	Nick Rich	USSF C License / USSF National Youth License / VDA Assistant Coach / Former Professional / College D1 Standout /U19 England YNT / Chelsea Academy
U14	2006	NPL Elite	Steve Smith	USSF A License / VDA Head Coach / US Youth Soccer National Championship Winning Coach / College D1 Player / VYSA Coach of the Year 2015
U15	2005	NPL Elite	Dale Parker	USSF A License / Former Professional / College All American / VSA Director of Coaching / VDA Head Coach / WFA Periodization License / Former VYSA ODP State & District
U16	2004	NPL Elite	Fro Adu	USSF B License / USSF National Youth License / VDA Assistant Coach / College D1 Standout / US Youth National Team Player U17
U17	2003	NPL Elite	Nick Foglesong	USSF C License / USSF National Youth License / VSA Assistant DOC (Boys) / Former DOC Stafford Soccer Club /
U19	02/01	NPL Elite	Fro Adu	USSF B License / USSF National Youth License / VDA Assistant Coach / College D1 Standout / US Youth National Team Player U17

Register for Tryouts — [HERE](#)



Community | Collaboration | Character | Commitment

Boys Coaching Slate

AGE	YOB	Team	Coach	License
U11	2009	Premier Royal	Chris Murphy	USSF D License / Kettle Run High School JV Coach
U12	2008	Premier Royal	Matt Aubel	USSF D Licensee / Tuscarora High School Head Coach / VSA Staff Coach for 4 years
U13	2007	Premier Red	Greg Brock	USSF E License / College Player / VA Tech / VSA Staff Coach 5 years
U13	2007	Premier Royal	TBA	
U14	2006	Premier Red	Carlos Cañas	USSF Grassroots 7v7 / 11v11 License / VSA Director of Goalkeeping / Longwood University D1 Player / El Salvador U20 (World Cup)/U23 Mens National Team / D.C. United
U14	2006	Premier Royal	Greg Brock	USSF E / College Player / VA Tech / VSA Staff Coach 5 years
U15	2005	Premier Red	David Quinn	UEFA C License / USSF E License / Former College Player / U18 Ireland Youth International Player / Professional Player / 2017 VSA Travel Coach Of The Year
U16	2004	Premier Red	Matt Aubel	USSF D Licensee / Tuscarora High School Head Coach / VSA Staff Coach for 4 years
U17	2003	Premier Red	David Quinn	UEFA C License / USSF E License / Former College Player / U18 Ireland Youth International Player / Professional Player / 2017 VSA Travel Coach Of The Year
U19	02/01	Premier Red	Chris Murphy	USSF D License / Kettle Run High School JV Coach

Register for Tryouts — [HERE](#)



Community | Collaboration | Character | Commitment

Girls Coaching Slate

AGE	YOB	Team	Coach	License
U9	2011	Jr Academy	Kesley Surkamp	USSF D License / USSF National Youth License / Former Washington Spirit Professional Player / Former College Player / VSA Director of Player Development / VDA ECNL
U9	2011	Jr Academy	James Shupp	USSF Grassroots License / Former US Soccer Men's U20 National Team Player / College D1 Standout ACC Virginia Tech /
U9	2011	Jr Academy	Nick Kaiser	USSF Grassroots License / Former High School Player / College Assistant
U9	2011	Jr Academy	Liz Keefer	USSF Grassroots License / Former College Player
U10	2010	Jr Academy	Kesley Surkamp	USSF D License / USSF National Youth License / Former Washington Spirit Professional Player / Former College Player / VSA Director of Player Development / VDA ECNL
U10	2010	Jr Academy	James Shupp	USSF Grassroots License / Former US Soccer Men's U20 National Team Player / College D1 Standout ACC Virginia Tech /
U10	2010	Jr Academy	Nick Kaiser	USSF Grassroots License / Former High School Player / College Assistant
U10	2010	Jr Academy	Liz Keefer	USSF Grassroots License / Former College Player

Register for Tryouts — [HERE](#)



Community | Collaboration | **Character** | Commitment

Girls Coaching Slate

AGE	YOB	Team	Coach	License
U11	2009	NPL Elite	Nick Foglesong	USSF C License / USSF National Youth License / VSA Assistant DOC (Boys) / Former DOC Stafford Soccer Club /
U11	2009	Premier Elite	Christian Sefah	USSF D License / Former College Player / VSA Staff Coach 2016, 2017
U12	2008	NPL Elite	Tim Krout	USSF A License / VSA Director / Pre-VDA Director / ECNL Coach / VYSA ODP State Head Coach State/District Coach / Former College Player
U12	2008	Premier Elite	Steve Hoover	USSF C License / USSF National Youth License / VSA Director Of Player Development / Former FCSC Director Of Rec Soccer
U13	2007	NPL Elite	Steve Hoover	USSF C License / USSF National Youth License / VSA Director of Player Development / Former FCSC Director Of Rec Soccer
U14	2006	NPL Elite	Tim Krout	USSF A License / VSA Director / Pre-VDA Director / ECNL Coach / VYSA ODP State Head Coach State/District Coach / Former College Player
U15	2005	NPL Elite	Tim Krout	USSF A License / VSA Director / Pre-VDA Director / ECNL Coach / VYSA ODP State Head Coach State/District Coach / Former College Player
U16	2004	NPL Elite	Nick Rich	USSF C License / USSF National Youth License / VDA Assistant Coach / Former Professional / College D1 Standout /U19 England YNT / Chelsea Academy
U17	2003	NPL Elite	Bronson Gambale	USSF A (Taking) / USSF B License / College Player / Former College & High School Coach / VSA Director Of College Prep & Education / M.A In Psychology
U19	02/01	NPL Elite	Bronson Gambale	USSF A (Taking) / USSF B License / College Player / Former College & High School Coach / VSA Director Of College Prep & Education / M.A In Psychology

Register for Tryouts — [HERE](#)



Community | Collaboration | **Character** | Commitment

Girls Coaching Slate

AGE	YOB	Team	Coach	License
U11	2009	Premier Royal	Liz Keefer	USSF Grassroots License / Former College Player
U12	2008	Premier Royal	Liz Keefer	USSF Grassroots License / Former College Player
U13	2007	Premier Red	Anes Bekric	USSF E License / Former College Players / Former USL PDL Players
U13	2007	Premier Royal	Chad Mateer	USSF D License / Battlefield High School JV Head Coach & Varsity Assistant / Former VSA Player
U14	2006	Premier Red	Anes Bekric	USSF E License / Former College Players / Former USL PDL Players
U14	2006	Premier Royal	Chad Mateer	USSF D License / Battlefield High School JV Head Coach & Varsity Assistant / Former VSA Player
U15	2005	Premier Red	Chad Mateer	USSF D License / Battlefield High School JV Head Coach & Varsity Assistant / Former VSA Player
U16	2004	Premier Red	Alex Saunders	USSF D License / USSF National Youth License / VSA Director of Operations / Colorado Rapids Club Liaison Manager
U16	2004	Premier Royal	TBA	
U17	2003	Premier Red	Alex Saunders	USSF D License / USSF National Youth License / VSA Director of Operations / Colorado Rapids Club Liaison Manager
U19	02/01	Premier Red	Carlos Cañas	USSF Grassroots 7v7 / 11v11 License / VSA Director of Goalkeeping / Longwood University D1 Player / El Salvador U20 (World Cup)/U23 Mens National Team / D.C. United

Register for Tryouts — [HERE](#)



Community | Collaboration | Character | Commitment

Recap 2018-19



Fall 2018
3rd Place finish as club on overall points



9 Select Teams in Division 1 or 2 NCSL
VSA 07 Red Girls - champions
VSA 04 Red Girls - champions



21 players selected for VA PDP



Events
20 Champions
21 Finalists



U15-U19
4x Semi-Finalists



40+ players selected for VYSA ODP District/State



Record number of teams (13) accepted to Nationally recognized showcase

VSA 08 NPL Boys - champions
VSA 07 NPL Girls - champions
VSA 06 NPL Boys - Finalists



Record number of teams (16) accepted to Nationally recognized showcase

VSA 08 NPL Girls - champions
VSA 07 NPL Girls - champions
VSA 06 NPL Girls - Finalist



2003 Boys Qualify for ENPL National Event



2002 Girls National Cup Qualifier



Class of 2019
17 Commitments
90 Players place since 2014



1st Professional signed
3 USYNT Call Ups
10+ US Soccer ID Center players



Community | Collaboration | Character | Commitment

Contact Us

Contact Information

Director of Coaching

Assistant Director of Coaching U11-U14

Assistant Director of Coaching U15-U19

Director of Player Development U8-U10

Dale Parker

Alex Herrera

Bronson Gambale

Benjy Slator

dparker@vsaonline.org

aherrera@vsaonline.org

bgambale@vsaonline.org

bslator@vsaonline.org



Community | **Collaboration** | **Character** | **Commitment**