



**VSA SPRING 2023 FRIDAY NIGHT LIGHTS SCHEDULE  
SCHEDULE SUBJECT TO CHANGE**

**LONG PARK (LP) – 4603 JAMES MADISON HWY**

VSA is excited to be offering even more for our Recreation Community this year! On select Friday nights throughout the Fall and Spring seasons VSA will host Friday Night Lights with our U5-U12 players. Each age group will have a designated Friday night to come out and work with our Professional Staff coaches. We will also be inviting the Volunteer Rec Coaches to come assist and pick up on some new ideas to take to their teams.

VSA will send internal emails with a google sign up to all age groups prior to the event.

**MARCH 31<sup>ST</sup>**

ADP VS PWSI – 6:00PM – 8:30PM – LP FIELD 5

**MAY 5<sup>TH</sup>**

U10/U12 REC GAMES – 5:30PM – 9:15PM – LP FIELD 6

ADP VS U8 REC – 5:00PM – 7:30PM – LP FIELD 5

U9/U10 KIDS WORLD CUP – 7:30PM – 8:30PM – LP FIELD 5

**APRIL 14<sup>TH</sup>**

U10/U12 REC GAMES – 5:30PM – 9:15PM – LP FIELD 6

**MAY 12<sup>TH</sup>**

U10/U12 REC GAMES – 5:30PM – 9:15PM – LP FIELD 6

**APRIL 21<sup>ST</sup>**

U10/U12 REC GAMES – 5:30PM – 9:15PM – LP FIELD 6

**MAY 19<sup>TH</sup>**

U10/U12 REC GAMES – 5:30PM – 9:15PM – LP FIELD 6

**APRIL 28<sup>TH</sup>**

U10/U12 REC GAMES – 5:30PM – 9:15PM – LP FIELD 6

U9/U10 KIDS WORLD CUP – 5:00PM – 6:00PM – LP FIELD 5

ADP VS PWSI – 6:30PM – 8:30PM – LP FIELD 5

**MAY 26<sup>TH</sup>**

U10/U12 REC GAMES – 5:30PM – 9:15PM – LP FIELD 6

ADP VS U8 REC ALL STAR – 5:00PM – 7:30PM – LP FIELD 5

U9/U10 KIDS WORLD CUP – 7:30PM – 8:30PM – LP FIELD 5

**JUNE 2<sup>ND</sup>**

U10/U12 REC ALL STAR – 5:30PM – 7:30PM – LP FIELD 6

REC COACHES GAME – 7:30PM – 8:30PM – LP FIELD 6

