



**VSA SPRING 2022 FRIDAY NIGHT LIGHTS SCHEDULE  
SCHEDULE SUBJECT TO CHANGE**

**LONG PARK (LP) – 4603 JAMES MADISON HWY**

VSA is excited to be offering even more for our Recreation Community this year! On select Friday nights throughout the Fall and Spring seasons VSA will host Friday Night Lights with our U5-U12 players. Each age group will have a designated Friday night to come out and work with our Professional Staff coaches. We will also be inviting the Volunteer Rec Coaches to come assist and pick up on some new ideas to take to their teams.

VSA will send internal emails with a google sign up to all age groups prior to the event.

**MARCH 25<sup>TH</sup>**

ADP – 5:00PM – 7:00PM – LP FIELD 6

**MAY 6<sup>TH</sup>**

ADP – 6:00PM – 8:00PM – LP FIELD 5

U10/U12 REC GAMES – 5:00PM – 7:00PM – LP FIELD 6

**APRIL 8<sup>TH</sup>**

ADP & U8 REC BOYS – 5:00PM – 6:00PM – LP FIELD 5

ADP & U8 REC GIRLS – 6:00PM – 7:00PM – LP FIELD 5

U10/U12 REC GAMES – 5:00PM – 7:00PM – LP FIELD 6

**MAY 13<sup>TH</sup>**

ADP/U8 BOYS REC ALL-STAR - 5:00PM – 6:00PM – LP FIELD 5

ADP/U8 GIRLS REC ALL-STAR - 6:00PM – 7:00PM – LP FIELD 5

U10/U12 REC GAMES – 5:00PM – 7:00PM – LP FIELD 6

**APRIL 22<sup>ND</sup>**

U5/U6 REC – 5:00PM – 5:50PM – LP FIELD 5

ADP vs PWSI/CULPEPPER – 6:00PM – 8:00PM – LP FIELD 5

U10/U12 REC GAMES – 5:00PM – 7:00PM – LP FIELD 6

**MAY 20<sup>TH</sup>**

U10/U12 REC GAMES – 5:00PM – 7:00PM – LP FIELD 6

**APRIL 29<sup>TH</sup>**

U10/U12 REC GAMES – 5:00PM – 7:00PM – LP FIELD 6

