



**VSA SPRING 2022 PRACTICE SCHEDULE
JR ACADEMY & ADP
CLUB CONCEPT (CC): MARCH 8TH – MAY 10TH
SCHEDULE SUBJECT TO CHANGE**

ADP BOYS

MONDAY – 5:00PM – 5:55PM – LP FIELD 5
WEDNESDAY – 5:00PM – 5:55PM – LP FIELD 5

13B MESSI RED

MONDAY – 6:00PM – 7:00PM – LP FIELD 5A
TUESDAY – 5:00PM – 6:00PM – LP FIELD 6A-2
WEDNESDAY – 6:00PM – 7:10PM – LP FIELD 5A

13B MESSI NAVY, RONALDO & PULISIC

MONDAY – 6:00PM – 7:00PM – LP FIELD 5A
WEDNESDAY – 6:00PM – 7:10PM – LP FIELD 5A
THURSDAY – 5:00PM – 6:10PM – LP FIELD 6A

13B YOW

MONDAY – 5:00PM – 5:55PM – LP FIELD 5
WEDNESDAY – 5:00PM – 5:55PM – LP FIELD 5
THURSDAY – 5:00PM – 6:10PM – LP FIELD 6A

12B MESSI RED

MONDAY – 7:05PM – 8:05PM – LP FIELD 5A
TUESDAY – 5:00PM – 6:00PM – LP FIELD 6A-1
WEDNESDAY – 7:20PM – 8:30PM – LP FIELD 5A

12B MESSI NAVY, RONALDO, PULISIC, YOW

MONDAY – 7:05PM – 8:05PM – LP FIELD 5A
WEDNESDAY – 7:20PM – 8:30PM – LP FIELD 5A
THURSDAY – 6:20PM – 7:30PM – LP FIELD 6A

**SCHEDULE DATES: FEBRUARY 28TH – MARCH 25TH
CATHARPIN PARK (CRP) – 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) – 4603 JAMES MADISON HWY**

ADP GIRLS

MONDAY – 5:00PM – 5:55PM – LP FIELD 5
WEDNESDAY – 5:00PM – 5:55PM – LP FIELD 5

13G LAVELLE

MONDAY – 7:05PM – 8:10PM – LP FIELD 5B
TUESDAY – 5:00PM – 6:00PM – LP FIELD 6B
THURSDAY – 6:20PM – 7:30PM – LP FIELD 6B-1

13G ERTZ

TUESDAY – 6:00PM – 7:00PM – LP FIELD 6B-2
WEDNESDAY – 7:20PM – 8:30PM – LP FIELD 5B
THURSDAY – 6:20PM – 7:30PM – LP FIELD 6B-1

13G KRIEGER

MONDAY – 7:05PM – 8:10PM – LP FIELD 5B
WEDNESDAY – 7:20PM – 8:30PM – LP FIELD 5B
THURSDAY – 6:20PM – 7:30PM – LP FIELD 6B-1

12G LAVELLE, ERTZ & KRIEGER

MONDAY – 6:00PM – 7:00PM – LP FIELD 5B
WEDNESDAY – 6:05PM – 7:10PM – LP FIELD 5B
THURSDAY – 5:00PM – 6:10PM – LP FIELD 6B





VSA SPRING 2022 PRACTICE SCHEDULE
U11-U14 ECNL RL & PREMIER ELITE
CLUB CONCEPT (CC): MARCH 8TH – MAY 10TH
SCHEDULE SUBJECT TO CHANGE

SCHEDULE DATES: FEBRUARY 28TH – MARCH 25TH
CATHARPIN PARK (CRP) – 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) – 4603 JAMES MADISON HWY

11B ECNL RL (VDA WEST)

MONDAY – 6:15PM – 7:30PM – LP FIELD 6A**
 TUESDAY – 5:00PM – 6:00PM – LP FIELD 5A-2
 THURSDAY – 5:00PM – 6:20PM – LP FIELD 7A-1

11G ECNL RL (VDA WEST)

MONDAY – 6:15PM – 7:30PM – LP FIELD 6A**
 WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 6A-2
 THURSDAY – 5:00PM – 6:20PM – LP FIELD 5B-1

11B PREMIER ELITE

TUESDAY (CC) – 6:00PM – 7:00PM – LP FIELD 6
 WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 6B-1
 THURSDAY – 5:00PM – 6:20PM – LP FIELD 5A-2

11G PREMIER ELITE

MONDAY – 5:00PM – 6:15PM – LP FIELD 7B-2
 TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 7A
 WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 6A-1

10B ECNL RL (VDA WEST)

MONDAY – 7:30PM – 8:45PM – LP FIELD 6A**
 TUESDAY – 5:00PM – 6:00PM – LP FIELD 5A-1
 THURSDAY – 5:00PM – 6:20PM – LP FIELD 7A-2

10G ECNL RL (VDA WEST)

MONDAY – 7:30PM – 8:45PM – LP FIELD 6A**
 WEDNESDAY – 6:15PM – 7:25PM – LP FIELD 6A-2
 THURSDAY – 6:25PM – 7:45PM – LP FIELD 5B-1

10B PREMIER ELITE

TUESDAY (CC) – 6:00PM – 7:00PM – LP FIELD 6
 WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 6B-2
 THURSDAY – 5:00PM – 6:20PM – LP FIELD 5A-1

10G PREMIER ELITE

MONDAY – 6:20PM – 7:35PM – LP FIELD 7B-2
 TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 7A
 WEDNESDAY – 6:15PM – 7:25PM – LP FIELD 6A-1

09B ECNL RL

MONDAY – 5:00PM – 6:15PM – LP FIELD 6A
 TUESDAY (CC) – 8:00PM – 9:00PM – LP FIELD 6B
 WEDNESDAY – 7:30PM – 8:40PM – LP FIELD 6B-2

09G ECNL RL

MONDAY – 5:00PM – 6:15PM – LP FIELD 6B
 TUESDAY (CC) – 7:00PM – 8:00PM – LP FIELD 6A
 WEDNESDAY – 7:30PM – 8:40PM – LP FIELD 6A-2

08B ECNL RL

TUESDAY (CC) – 8:00PM – 9:00PM – LP FIELD 6B
 WEDNESDAY – 7:30PM – 8:40PM – LP FIELD 7A-1
 THURSDAY – 7:50PM – 9:10PM – LP FIELD 5B

08G ECNL RL

TUESDAY (CC) – 7:00PM – 8:00PM – LP FIELD 6A
 WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 7B-1
 THURSDAY – 5:00PM – 6:20PM – LP FIELD 5B-2

EVERY OTHER WEEK WILL BE AT HOWISON

EVERY OTHER WEEK WILL BE AT HOWISON





VSA SPRING 2022 PRACTICE SCHEDULE
U11-U14 PREMIER
CLUB CONCEPT (CC): MARCH 8TH – MAY 10TH
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11B PREMIER RED

TUESDAY (CC) – 6:00PM – 7:00PM – LP FIELD 6
 WEDNESDAY – 6:15PM – 7:25PM – LP FIELD 6B-2
 THURSDAY – 6:25PM – 7:45PM – LP FIELD 5A-1

11B PREMIER ROYAL

TUESDAY (CC) – 6:00PM – 7:00PM – LP FIELD 6
 WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 7A-2
 THURSDAY – 5:00PM – 6:20PM – LP FIELD 7B-2

10B PREMIER RED

MONDAY – 8:10PM – 9:10PM – LP FIELD 5A
 TUESDAY (CC) – 6:00PM – 7:00PM – LP FIELD 6
 THURSDAY – 6:25PM – 7:45PM – LP FIELD 6B-2

09B PREMIER RED

MONDAY – 5:00PM – 6:15PM – LP FIELD 7A
 TUESDAY (CC) – 8:00PM – 9:00PM – LP FIELD 6B
 THURSDAY – 5:00PM – 6:20PM – LP FIELD 7B

08B PRMEIER RED

MONDAY – 6:20PM – 7:35PM – LP FIELD 7A
 TUESDAY (CC) – 8:00PM – 9:00PM – LP FIELD 6B
 THURSDAY – 7:50PM – 9:10PM – LP FIELD 6A

SCHEDULE DATES: FEBRUARY 28TH – MARCH 25TH
CATHARPIN PARK (CRP) – 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) – 4603 JAMES MADISON HWY

11G PREMIER RED

MONDAY – 5:00PM – 6:15PM – LP FIELD 7B-1
 TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 7A
 WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 7A-1

10G PREMIER RED

MONDAY – 6:20PM – 7:35PM – LP FIELD 7B-1
 TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 7A
 WEDESDNAY – 6:15PM – 7:25PM – LP FIELD 6B-1

09G PREMIER RED

TUESDAY (CC) – 7:00PM – 8:00PM – LP FIELD 6A
 WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 7B-2
 FRIDAY – 6:30PM – 7:50PM – LP FIELD 7B

09G PREMIER ROYAL

TUESDAY (CC) – 7:00PM – 8:00PM – LP FIELD 6A
 WEDNESDAY – 6:15PM – 7:25PM – LP FIELD 7A-2
 FRIDAY – 6:30PM – 7:50PM – LP FIELD 7A

08G PREMIER RED

MONDAY – 7:40PM – 8:55PM – LP FIELD 7B-2
 TUESDAY (CC) – 7:00PM – 8:00PM – LP FIELD 6A
 THURSDAY – 7:50PM – 9:10PM – LP FIELD 5A-2

08G PREMIER ROYAL

MONDAY – 7:40PM – 8:55PM – LP FIELD 7B-1
 TUESDAY (CC) – 7:00PM – 8:00PM – LP FIELD 6A
 WEDNESDAY – 7:30PM – 8:40PM – LP FIELD 6A-1





VSA SPRING 2022 PRACTICE SCHEDULE
U14-U19 ECNL RL
CLUB CONCEPT (CC): MARCH 8TH – MAY 10TH
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07B ECNL RL

TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 5B
 WEDNESDAY – 7:30PM – 8:40PM – LP FIELD 7B
 THURSDAY – 7:50PM – 9:10PM – LP FIELD 6B

06B ECNL RL

WEDNESDAY – 8:45PM – 9:45PM – LP FIELD 5

05B ECNL RL

WEDNESDAY – 8:45PM – 9:45PM – LP FIELD 5

04/03B ECNL RL

WEDNESDAY – 8:45PM – 9:45PM – LP FIELD 5

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LONG PARK (LP) – 4603 JAMES MADISON HWY

07G ECNL RL

TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 7B
 WEDNESDAY – 6:15PM – 7:25PM – LP FIELD 7B-1
 THURSDAY – 6:25PM – 7:45PM – LP FIELD 5B-2

06G ECNL RL

WEDNESDAY – 8:45PM – 9:45PM – LP FIELD 6

05B ECNL RL

WEDNESDAY – 8:45PM – 9:45PM – LP FIELD 6

04/03G ECNL RL

WEDNESDAY – 8:45PM – 9:45PM – LP FIELD 6





VSA SPRING 2022 PRACTICE SCHEDULE
U14-U19 PREMIER
CLUB CONCEPT (CC): MARCH 8TH – MAY 10TH
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07B PREMIER RED

TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 5B
 WEDNESDAY – 7:30PM – 8:40PM – LP FIELD 6B-1
 THURSDAY – 7:50PM – 9:10PM – LP FIELD 5A-1

07B PREMIER ROYAL

TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 5B
 WEDNESDAY – 6:15PM – 7:25PM – LP FIELD 7A-1
 THURSDAY – 6:25PM – 7:45PM – LP FIELD 5A-2

06B PREMIER RED

MONDAY – 8:10PM – 9:10PM – LP FIELD 5B
 WEDNESDAY – 8:45PM – 9:45PM – LP FIELD 5

05B PREMIER RED

MONDAY – 8:10PM – 9:10PM – LP FIELD 5B
 WEDNESDAY – 8:45PM – 9:45PM – LP FIELD 5

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07G PREMIER RED

TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 7B
 WEDNESDAY – 6:15PM – 7:25PM – LP FIELD 7B-2
 FRIDAY – 5:00PM – 6:20PM – LP FIELD 7B

07G PREMIER ROYAL

TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 7B
 WEDNESDAY – 7:30PM – 8:40PM – LP FIELD 7A-2
 FRIDAY – 5:00PM – 6:20PM – LP FIELD 7A

06G PREMIER RED

MONDAY – 7:40PM – 8:55PM – LP FIELD 7A
 WEDNESDAY – 8:45PM – 9:45PM – LP FIELD 6

04/03G PREMIER RED

MONDAY – 7:40PM – 8:55PM – LP FIELD 7A
 WEDNESDAY – 8:45PM – 9:45PM – LP FIELD 6

