



**VSA SPRING 2022 PRACTICE SCHEDULE  
JR ACADEMY & ADP  
CLUB CONCEPT (CC): MARCH 8<sup>TH</sup> – MAY 10<sup>TH</sup>  
SCHEDULE SUBJECT TO CHANGE**

ADP BOYS

MONDAY – 5:00PM – 5:55PM – LP FIELD 5  
WEDNESDAY – 5:00PM – 5:55PM – LP FIELD 5

13B MESSI RED

MONDAY – 6:00PM – 7:00PM – LP FIELD 5A  
TUESDAY – 5:00PM – 6:00PM – LP FIELD 6A-2  
WEDNESDAY – 6:00PM – 7:10PM – LP FIELD 5A

13B MESSI NAVY, RONALDO & PULISIC

MONDAY – 6:00PM – 7:00PM – LP FIELD 5A  
WEDNESDAY – 6:00PM – 7:10PM – LP FIELD 5A  
THURSDAY – 5:00PM – 6:10PM – CRP FIELD 1A

13B YOW

MONDAY – 5:00PM – 5:55PM – LP FIELD 5  
WEDNESDAY – 5:00PM – 5:55PM – LP FIELD 5  
THURSDAY – 5:00PM – 6:10PM – CRP FIELD 1A

12B MESSI RED

MONDAY – 7:05PM – 8:05PM – LP FIELD 5A  
TUESDAY – 5:00PM – 6:00PM – LP FIELD 6A-1  
WEDNESDAY – 7:20PM – 8:30PM – LP FIELD 5A

12B MESSI NAVY, RONALDO, PULISIC, YOW

MONDAY – 7:05PM – 8:05PM – LP FIELD 5A  
WEDNESDAY – 7:20PM – 8:30PM – LP FIELD 5A  
THURSDAY – 6:20PM – 7:30PM – CRP FIELD 1A

**SCHEDULE DATES: MARCH 28<sup>TH</sup> – JUNE 10<sup>TH</sup>  
CATHARPIN PARK (CRP) – 4805 SUDLEY RD  
CATHARPIN, VA 20143  
LONG PARK (LP) – 4603 JAMES MADISON HWY**

ADP GIRLS

MONDAY – 5:00PM – 5:55PM – LP FIELD 5  
WEDNESDAY – 5:00PM – 5:55PM – LP FIELD 5

13G LAVELLE

MONDAY – 7:05PM – 8:10PM – LP FIELD 5B  
TUESDAY – 5:00PM – 6:00PM – LP FIELD 6B  
THURSDAY – 6:20PM – 7:30PM – CRP FIELD 1B-1

13G ERTZ

TUESDAY – 6:00PM – 7:00PM – LP FIELD 6B-2  
WEDNESDAY – 7:20PM – 8:30PM – LP FIELD 5B  
THURSDAY – 6:20PM – 7:30PM – CRP FIELD 1B-1

13G KRIEGER

MONDAY – 7:05PM – 8:10PM – LP FIELD 5B  
WEDNESDAY – 7:20PM – 8:30PM – LP FIELD 5B  
THURSDAY – 6:20PM – 7:30PM – CRP FIELD 1B-1

12G LAVELLE, ERTZ & KRIEGER

MONDAY – 6:00PM – 7:00PM – LP FIELD 5B  
WEDNESDAY – 6:05PM – 7:10PM – LP FIELD 5B  
THURSDAY – 5:00PM – 6:10PM – CRP FIELD 1B





**VSA SPRING 2022 PRACTICE SCHEDULE**  
**U11-U14 ECNL RL & PREMIER ELITE**  
**CLUB CONCEPT (CC): MARCH 8<sup>TH</sup> – MAY 10<sup>TH</sup>**  
**SCHEDULE SUBJECT TO CHANGE**

**SCHEDULE DATES: MARCH 28<sup>TH</sup> – JUNE 10<sup>TH</sup>**  
**CATHARPIN PARK (CRP) – 4805 SUDLEY RD**  
**CATHARPIN, VA 20143**  
**LONG PARK (LP) – 4603 JAMES MADISON HWY**

11B ECNL RL (VDA WEST)

MONDAY – 6:15PM – 7:30PM – LP FIELD 6A\*\*  
 TUESDAY – 5:00PM – 6:00PM – LP FIELD 5A-2  
 THURSDAY – 5:00PM – 6:20PM – LP FIELD 7A-1

11G ECNL RL (VDA WEST)

MONDAY – 6:15PM – 7:30PM – LP FIELD 6A\*\*  
 WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 6A-2  
 THURSDAY – 5:00PM – 6:20PM – LP FIELD 5B-1

11B PREMIER ELITE

TUESDAY (CC) – 6:00PM – 7:00PM – LP FIELD 6  
 WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 6B-1  
 THURSDAY – 5:00PM – 6:20PM – LP FIELD 5A-2

11G PREMIER ELITE

MONDAY – 5:00PM – 6:15PM – LP FIELD 7B-2  
 TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 7A  
 WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 6A-1

10B ECNL RL (VDA WEST)

MONDAY – 7:30PM – 8:45PM – LP FIELD 6A\*\*  
 TUESDAY – 5:00PM – 6:00PM – LP FIELD 5A-1  
 THURSDAY – 5:00PM – 6:20PM – LP FIELD 7A-2

10G ECNL RL (VDA WEST)

MONDAY – 7:30PM – 8:45PM – LP FIELD 6A\*\*  
 WEDNESDAY – 6:15PM – 7:25PM – LP FIELD 6A-2  
 THURSDAY – 6:25PM – 7:45PM – LP FIELD 5B-1

10B PREMIER ELITE

TUESDAY (CC) – 6:00PM – 7:00PM – LP FIELD 6  
 WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 6B-2  
 THURSDAY – 6:25PM – 7:45PM – LP FIELD 5B-2

10G PREMIER ELITE

MONDAY – 6:20PM – 7:35PM – LP FIELD 7B-2  
 TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 7A  
 WEDNESDAY – 6:15PM – 7:25PM – LP FIELD 6A-1

09B ECNL RL

MONDAY – 5:00PM – 6:15PM – LP FIELD 6A  
 TUESDAY (CC) – 8:00PM – 9:00PM – LP FIELD 6B  
 WEDNESDAY – 6:15PM – 7:25PM – CRP FIELD 2A

09G ECNL RL

MONDAY – 5:00PM – 6:15PM – LP FIELD 6B  
 TUESDAY (CC) – 7:00PM – 8:00PM – LP FIELD 6A  
 WEDNESDAY – 7:30PM – 8:45PM – LP FIELD 6A

08B ECNL RL

TUESDAY (CC) – 8:00PM – 9:00PM – LP FIELD 6B  
 WEDNESDAY – 7:30PM – 8:45PM – LP FIELD 7A  
 THURSDAY – 6:25PM – 7:45PM – LP FIELD 6A

08G ECNL RL

TUESDAY (CC) – 7:00PM – 8:00PM – LP FIELD 6A  
 WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 7B  
 THURSDAY – 5:00PM – 6:20PM – LP FIELD 6B

**\*\*EVERY OTHER WEEK WILL BE AT HOWISON\*\***

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**VSA SPRING 2022 PRACTICE SCHEDULE**  
**U11-U14 PREMIER**  
**CLUB CONCEPT (CC): MARCH 8<sup>TH</sup> – MAY 10<sup>TH</sup>**  
**SCHEDULE SUBJECT TO CHANGE**

11B PREMIER RED

TUESDAY (CC) – 6:00PM – 7:00PM – LP FIELD 6  
 WEDNESDAY – 6:15PM – 7:25PM – LP FIELD 6B-2  
 THURSDAY – 5:00PM – 6:20PM – LP FIELD 5B-2

11B PREMIER ROYAL

TUESDAY (CC) – 6:00PM – 7:00PM – LP FIELD 6  
 WEDNESDAY – 6:00PM – 7:10PM – LP FIELD 5-2  
 THURSDAY – 5:00PM – 6:10PM – CRP FIELD 1B

10B PREMIER RED

MONDAY – 8:10PM – 9:10PM – LP FIELD 5A  
 TUESDAY (CC) – 6:00PM – 7:00PM – LP FIELD 6  
 THURSDAY – 6:20PM – 7:30PM – CRP FIELD 1B

09B PREMIER RED

MONDAY – 5:00PM – 6:15PM – LP FIELD 7A  
 TUESDAY (CC) – 8:00PM – 9:00PM – LP FIELD 6B  
 WEDNESDAY – 5:00PM – 6:10PM – CRP FIELD 2B

08B PRMEIER RED

MONDAY – 6:20PM – 7:35PM – LP FIELD 7A  
 TUESDAY (CC) – 8:00PM – 9:00PM – LP FIELD 6B  
 WEDNESDAY – 6:15PM – 7:25PM – CRP FIELD 2B

**SCHEDULE DATES: MARCH 28<sup>TH</sup> – JUNE 10<sup>TH</sup>**  
**CATHARPIN PARK (CRP) – 4805 SUDLEY RD**  
**CATHARPIN, VA 20143**  
**LONG PARK (LP) – 4603 JAMES MADISON HWY**

11G PREMIER RED

MONDAY – 5:00PM – 6:15PM – LP FIELD 7B-1  
 TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 7A  
 WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 7A-1

10G PREMIER RED

MONDAY – 6:20PM – 7:35PM – LP FIELD 7B-1  
 TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 7A  
 WEEDSNAY – 6:15PM – 7:25PM – LP FIELD 6B-1

09G PREMIER RED

TUESDAY (CC) – 7:00PM – 8:00PM – LP FIELD 6A  
 WEDNESDAY – 5:00PM – 6:10PM – CRP FIELD 1B  
 THURSDAY – 6:15PM – 7:30PM – CRP FIELD 3A

09G PREMIER ROYAL

TUESDAY (CC) – 7:00PM – 8:00PM – LP FIELD 6A  
 WEDNESDAY – 5:00PM – 6:10PM – CRP FIELD 1A  
 FRIDAY – 6:30PM – 7:50PM – LP FIELD 7A

08G PREMIER RED

MONDAY – 7:40PM – 8:55PM – LP FIELD 7B-2  
 TUESDAY (CC) – 7:00PM – 8:00PM – LP FIELD 6A  
 THURSDAY – 7:50PM – 9:10PM – LP FIELD 5A

08G PREMIER ROYAL

MONDAY – 7:40PM – 8:55PM – LP FIELD 7B-1  
 TUESDAY (CC) – 7:00PM – 8:00PM – LP FIELD 6A  
 WEDNESDAY – 7:30PM – 8:45PM – LP FIELD 6B-2





**VSA SPRING 2022 PRACTICE SCHEDULE**  
**U14-U19 ECNL RL**  
**CLUB CONCEPT (CC): MARCH 8<sup>TH</sup> – MAY 10<sup>TH</sup>**  
**SCHEDULE SUBJECT TO CHANGE**

07B ECNL RL

TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 5B  
 WEDNESDAY – 7:30PM – 8:45PM – LP FIELD 7B  
 THURSDAY – 7:50PM – 9:10PM – LP FIELD 6B

06B ECNL RL

WEDNESDAY – 5:00PM – 6:10PM – CRP FIELD 3

05B ECNL RL

WEDNESDAY – 5:00PM – 6:10PM – CRP FIELD 3

04/03B ECNL RL

WEDNESDAY – 5:00PM – 6:10PM – CRP FIELD 3

**SCHEDULE DATES: MARCH 28<sup>TH</sup> – JUNE 10<sup>TH</sup>**  
**CATHARPIN PARK (CRP) – 4805 SUDLEY RD**  
**CATHARPIN, VA 20143**  
**LONG PARK (LP) – 4603 JAMES MADISON HWY**

07G ECNL RL

TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 7B  
 WEDNESDAY – 6:15PM – 7:25PM – LP FIELD 7B  
 THURSDAY – 6:25PM – 7:45PM – LP FIELD 6B

06G ECNL RL

WEDNESDAY – 6:15PM – 7:25PM – CRP FIELD 3

05B ECNL RL

WEDNESDAY – 6:15PM – 7:25PM – CRP FIELD 3

04/03G ECNL RL

WEDNESDAY – 6:15PM – 7:25PM – CRP FIELD 3





**VSA SPRING 2022 PRACTICE SCHEDULE**  
**U14-U19 PREMIER**  
**CLUB CONCEPT (CC): MARCH 8<sup>TH</sup> – MAY 10<sup>TH</sup>**  
**SCHEDULE SUBJECT TO CHANGE**

07B PREMIER RED

TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 5B  
 WEDNESDAY – 7:30PM – 8:45PM – LP FIELD 6B-1  
 THURSDAY – 7:50PM – 9:10PM – LP FIELD 5B

07B PREMIER ROYAL

TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 5B  
 WEDNESDAY – 6:15PM – 7:25PM – LP FIELD 7A  
 THURSDAY – 6:25PM – 7:45PM – LP FIELD 5A

06B PREMIER RED

MONDAY – 5:45PM – 6:45PM – CRP FIELD 1  
 WEDNESDAY – 5:00PM – 6:10PM – CRP FIELD 3

05B PREMIER RED

MONDAY – 5:45PM – 6:45PM – CRP FIELD 1  
 WEDNESDAY – 5:00PM – 6:10PM – CRP FIELD 3

**SCHEDULE DATES: MARCH 28<sup>TH</sup> – JUNE 10<sup>TH</sup>**  
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07G PREMIER RED

TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 7B  
 WEDNESDAY – 6:15PM – 7:25PM – CRP FIELD 1B  
 THURSDAY – 5:00PM – 6:15PM – CRP FIELD 3A

07G PREMIER ROYAL

TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 7B  
 WEDNESDAY – 6:15PM – 7:25PM – CRP FIELD 1A  
 FRIDAY – 5:00PM – 6:20PM – LP FIELD 7A

06G PREMIER RED

MONDAY – 7:40PM – 8:55PM – LP FIELD 7A  
 WEDNESDAY – 6:15PM – 7:25PM – CRP FIELD 3

04/03G PREMIER RED

MONDAY – 7:40PM – 8:55PM – LP FIELD 7A  
 WEDNESDAY – 6:15PM – 7:25PM – CRP FIELD 3

