



**VSA FALL 2022 DAYLIGHT SAVINGS PRACTICE SCHEDULE
U9-U10 & ADP
CLUB CONCEPT (CC): AUG 16TH
SCHEDULE SUBJECT TO CHANGE**

**SCHEDULE START DATE: AUGUST 1ST, 2022
CATHARPIN PARK (CRP) – 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) – 4603 JAMES MADISON HWY**

ADP BOYS

MONDAY – 5:00PM – 5:55PM – LP FIELD 5
WEDNESDAY – 5:00PM – 5:55PM – LP FIELD 7

14B PULISIC

MONDAY – 5:00PM – 6:00PM – LP FIELD 5
WEDNESDAY – 6:05PM – 7:05PM – LP FIELD 7
THURSDAY – 5:00PM – 6:00PM – CRP FIELD 1

14B MCKENNIE

MONDAY – 6:05PM – 7:05PM – LP FIELD 5
WEDNESDAY – 6:05PM – 7:05PM – LP FIELD 7
THURSDAY – 5:00PM – 6:00PM – CRP FIELD 1

14B ADAMS, REYNA & DEST

MONDAY – 6:05PM – 7:05PM – LP FIELD 5
WEDNESDAY – 6:05PM – 7:05PM – LP FIELD 7
THURSDAY – 5:00PM – 6:00PM – CRP FIELD 1

13B PULISIC

MONDAY (CC) – 7:15PM – 8:15PM – LP FIELD 5
TUESDAY – 5:00PM – 6:00PM – LP FIELD 6B-1
WEDNESDAY – 7:15PM – 8:15PM – LP FIELD 7

13B MCKENNIE

MONDAY (CC) – 7:15PM – 8:15PM – LP FIELD 5
WEDNESDAY – 7:15PM – 8:15PM – LP FIELD 7
THURSDAY – 5:00PM – 6:00PM – CRP FIELD 1B

13B ADAMS & REYNA

MONDAY (CC) – 7:15PM – 8:15PM – LP FIELD 5
WEDNESDAY – 7:15PM – 8:15PM – LP FIELD 7
THURSDAY – 5:00PM – 6:00PM – CRP FIELD 1B

ADP GIRLS

MONDAY – 5:00PM – 5:55PM – LP FIELD 5
WEDNESDAY – 5:00PM – 5:55PM – LP FIELD 7

14G LAVELLE

MONDAY – 6:05PM – 7:05PM – LP FIELD 5
WEDNESDAY – 6:05PM – 7:05PM – LP FIELD 7
THURSDAY – 5:00PM – 6:00PM – CRP FIELD 1

14G MEWIS & RODMAN

MONDAY – 6:05PM – 7:05PM – LP FIELD 5
WEDNESDAY – 6:05PM – 7:05PM – LP FIELD 7
THURSDAY – 5:00PM – 6:00PM – CRP FIELD 1

14G HATCH

WEDNESDAY – 5:00PM – 5:55PM – LP FIELD 7A
THURSDAY – 5:00PM – 6:00PM – CRP FIELD 1

13G LAVELLE

MONDAY (CC) – 7:15PM – 8:15PM – LP FIELD 5
TUESDAY – 5:00PM – 6:00PM – LP FIELD 6B
WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 5A-1

13G MEWIS

MONDAY (CC) – 7:15PM – 8:15PM – LP FIELD 5
WEDNESDAY – 7:15PM – 8:15PM – LP FIELD 7
THURSDAY – 5:00PM – 6:00PM – CRP FIELD 1B

13G RODMAN

MONDAY (CC) – 7:15PM – 8:15PM – LP FIELD 5
WEDNESDAY – 7:15PM – 8:15PM – LP FIELD 7
THURSDAY – 5:00PM – 6:00PM – CRP FIELD 1B





**VSA FALL 2022 DAYLIGHT SAVINGS PRACTICE SCHEDULE
U11-U14 ECNL RL & PREMIER ELITE
CLUB CONCEPT (CC): AUG 16TH
SCHEDULE SUBJECT TO CHANGE**

**SCHEDULE START DATE: AUGUST 1ST, 2022
CATHARPIN PARK (CRP) – 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) – 4603 JAMES MADISON HWY**

12B PRE-ECNL RL (VDA WEST)

MONDAY – 6:15PM – 7:30PM – LP FIELD 6A**
TUESDAY – 5:00PM – 6:10PM – LP FIELD 5A-2
THURSDAY – 6:15PM – 7:45PM – LP FIELD 5A-2

12B PREMIER ELITE

MONDAY – 5:00PM – 6:10PM – LP FIELD 7B-1
TUESDAY (CC) – 6:10PM – 7:10PM – LP FIELD 6
WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 6B-2

11B PRE-ECNL RL (VDA WEST)

MONDAY – 7:35PM – 8:50PM – LP FIELD 6A**
TUESDAY – 5:00PM – 6:10PM – LP FIELD 5A-1
THURSDAY – 6:15PM – 7:45PM – LP FIELD 5A-1

11B PREMIER ELITE

MONDAY – 6:20PM – 7:30PM – LP FIELD 7B-1
TUESDAY (CC) – 6:10PM – 7:10PM – LP FIELD 6
WEDNESDAY – 6:10PM – 7:20PM – LP FIELD 6B-1

10B ECNL RL

TUESDAY (CC) – 8:15PM – 9:15PM – LP FIELD 6
WEDNESDAY – 6:10PM – 7:20PM – LP FIELD 5B
THURSDAY – 5:00PM – 6:10PM – LP FIELD 6A-1

09B ECNL RL

TUESDAY (CC) – 8:15PM – 9:15PM – LP FIELD 6
WEDNESDAY – 6:10PM – 7:20PM – LP FIELD 6A
THURSDAY – 7:20PM – 8:30PM – LP FIELD 7B-2

12G PRE-ECNL RL (VDA WEST)

MONDAY – 6:15PM – 7:30PM – LP FIELD 6A**
WEDNESDAY – 6:10PM – 7:20PM – LP FIELD 5A-1
THURSDAY – 5:00PM – 6:15PM – LP FIELD 5A-2

12G PREMIER ELITE

TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 6A
WEDNESDAY – 7:20PM – 8:30PM – LP FIELD 6A-2
THURSDAY – 6:10PM – 7:20PM – LP FIELD 7B-2

11G PRE-ECNL RL (VDA WEST)

MONDAY – 7:35PM – 8:50PM – LP FIELD 6A**
WEDNESDAY – 7:20PM – 8:30PM – LP FIELD 6B-1
THURSDAY – 5:00PM – 6:15PM – LP FIELD 5A-1

11G PREMIER ELITE

MONDAY – 5:00PM – 6:10PM – LP FIELD 7A-1
TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 6A
THURSDAY – 5:00PM – 6:10PM – LP FIELD 7B-2

10G ECNL RL

TUESDAY (CC) – 7:15PM – 8:15PM – LP FIELD 6
WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 5A-2
THURSDAY – 5:00PM – 6:15PM – LP FIELD 5B-2

09G ECNL RL

TUESDAY (CC) – 7:15PM – 8:15PM – LP FIELD 6
WEDNESDAY – 7:20PM – 8:30PM – LP FIELD 6A-2
THURSDAY – 5:00PM – 6:15PM – LP FIELD 5B-1

EVERY OTHER WEEK WILL BE AT HOWISON

EVERY OTHER WEEK WILL BE AT HOWISON





**VSA FALL 2022 DAYLIGHT SAVINGS PRACTICE SCHEDULE
U11-U12 PREMIER
CLUB CONCEPT (CC): AUG 16TH
SCHEDULE SUBJECT TO CHANGE**

**SCHEDULE START DATE: AUGUST 1ST, 2022
CATHARPIN PARK (CRP) – 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) – 4603 JAMES MADISON HWY**

12B PREMIER RED

MONDAY – 5:00PM – 6:10PM – LP FIELD 6B-2
TUESDAY (CC) – 6:10PM – 7:10PM – LP FIELD 6
THURSDAY – 6:10PM – 7:20PM – LP FIELD 7B-1

12G PREMIER RED

TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 6
WEDNESDAY – 7:20PM – 8:30PM – LP FIELD 6A-2
THURSDAY – 5:00PM – 6:10PM – LP FIELD 7A-1

12B PREMIER ROYAL

MONDAY – 5:00PM – 6:10PM – LP FIELD 6B-1
TUESDAY (CC) – 6:10PM – 7:10PM – LP FIELD 6
THURSDAY – 6:10PM – 7:20PM – LP FIELD 7B-2

11G PREMIER RED

MONDAY – 5:00PM – 6:10PM – LP FIELD 7B-2
TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 6
FRIDAY – 6:15PM – 7:30PM – LP FIELD 7A-1

11B PREMIER RED

MONDAY – 5:00PM – 6:10PM – LP FIELD 7A-2
TUESDAY (CC) – 6:10PM – 7:10PM – LP FIELD 6
THURSDAY – 6:10PM – 7:20PM – LP FIELD 7B-1

11B PREMIER ROYAL

MONDAY – 5:00PM – 6:10PM – LP FIELD 6A-2
TUESDAY (CC) – 6:10PM – 7:10PM – LP FIELD 6
WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 6A-1





**VSA FALL 2022 DAYLIGHT SAVINGS PRACTICE SCHEDULE
U13-U14 PREMIER
CLUB CONCEPT (CC): AUG 16TH
SCHEDULE SUBJECT TO CHANGE**

10B PREMIER RED

MONDAY – 6:15PM – 7:30PM – LP FIELD 6B-2
TUESDAY (CC) – 8:15PM – 9:15PM – LP FIELD 6
THURSDAY – 5:00PM – 6:10PM – LP FIELD 7B-1

10B PREMIER ROYAL

MONDAY – 7:40PM – 8:55PM – LP FIELD 6B-2
TUESDAY (CC) – 8:15PM – 9:15PM – LP FIELD 6
THURSDAY – 5:00PM – 6:10PM – LP FIELD 6B-2

09B PREMIER RED

MONDAY – 6:15PM – 7:30PM – LP FIELD 6B-1
TUESDAY (CC) – 8:15PM – 9:15PM – LP FIELD 6
WEDNESDAY – 6:10PM – 7:20PM – LP FIELD 6B-2

**SCHEDULE START DATE: AUGUST 1ST, 2022
CATHARPIN PARK (CRP) – 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) – 4603 JAMES MADISON HWY**

10G PREMIER RED

MONDAY – 6:20PM – 7:30PM – LP FIELD 7A-1
TUESDAY (CC) – 7:15PM – 8:15PM – LP FIELD 6
WEDNESDAY – 5:00PM – 6:15PM – CRP FIELD 1B

10G PREMIER ROYAL

TUESDAY (CC) – 7:15PM – 8:15PM – LP FIELD 6
WEDNESDAY – 5:00PM – 6:10PM – LP FIELD 5B-2
THURSDAY – 5:00PM – 6:10PM – LP FIELD 6B-1

09G PREMIER RED

TUESDAY (CC) – 7:15PM – 8:15PM – LP FIELD 6
WEDNESDAY – 7:20PM – 8:30PM – LP FIELD 6A-1
THURSDAY – 7:20PM – 8:30PM – LP FIELD 7A-1

09G PREMIER ROYAL

TUESDAY (CC) – 7:15PM – 8:15PM – LP FIELD 6
WEDNESDAY – 8:30PM – 9:40PM – LP FIELD 6B-2
THURSDAY – 6:10PM – 7:20PM – LP FIELD 7A-1





**VSA FALL 2022 DAYLIGHT SAVINGS PRACTICE SCHEDULE
U15-U19 ECNL RL
CLUB CONCEPT (CC): AUG 16TH
SCHEDULE SUBJECT TO CHANGE**

08B ECNL RL

TUESDAY (CC) — 5:20PM — 6:20PM — LP FIELD 7B
WEDNESDAY — 7:20PM — 8:30PM — LP FIELD 5A
THURSDAY — 6:15PM — 7:45PM — LP FIELD 5B-1

07B ECNL RL

TUESDAY (CC) — 5:20PM — 6:20PM — LP FIELD 7B
WEDNESDAY — 8:30PM — 9:45PM — GMS FIELD 1B
THURSDAY — 8:30PM — 9:45PM — LP FIELD 7B

06B ECNL RL

TUESDAY (CC) — 5:20PM — 6:20PM — LP FIELD 7A
WEDNESDAY — 8:30PM — 9:40PM — LP FIELD 5A
THURSDAY — 8:00PM — 9:45PM — LP FIELD 7A

05/04B ECNL RL

TUESDAY (CC) — 5:20PM — 6:20PM — LP FIELD 7A
WEDNESDAY — 8:30PM — 9:45PM — GMS FIELD 1A
THURSDAY — 5:00PM — 6:15PM — CRP FIELD 2B

**SCHEDULE START DATE: AUGUST 1ST, 2022
CATHARPIN PARK (CRP) — 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) — 4603 JAMES MADISON HWY**

08G ECNL RL

TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1A
WEDNESDAY — 5:00PM — 6:15PM — CRP FIELD 1A
THURSDAY — 6:15PM — 7:45PM — LP FIELD 5B

07G ECNL RL

MONDAY — 8:40PM — 9:50PM — LP FIELD 7A
TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1A
WEDNESDAY — 7:20PM — 8:30PM — LP FIELD 5B

06G ECNL RL

TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1B
WEDNESDAY — 8:30PM — 9:40PM — LP FIELD 6A-2
THURSDAY — 7:20PM — 8:30PM — LP FIELD 7B-1

05/04G ECNL RL

MONDAY — 7:30PM — 8:40PM — LP FIELD 7A
TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1B
WEDNESDAY — 8:30PM — 9:40PM — LP FIELD 5B





**VSA FALL 2022 DAYLIGHT SAVINGS PRACTICE SCHEDULE
U15-U19 PREMIER
CLUB CONCEPT (CC): AUG 16TH
SCHEDULE SUBJECT TO CHANGE**

08B PREMIER RED

MONDAY — 7:40PM — 8:55PM — LP FIELD 6B-1
TUESDAY (CC) — 5:20PM — 6:20PM — LP FIELD 7B
WEDNESDAY — 5:00PM — 6:10PM — LP FIELD 6B-1

08B PREMIER ROYAL

MONDAY — 5:00PM — 6:20PM — CRP FIELD 1A
TUESDAY (CC) — 5:20PM — 6:20PM — LP FIELD 7B
WEDNESDAY — 5:00PM — 6:10PM — LP FIELD 6A-2

07B PREMIER RED

MONDAY — 6:20PM — 7:30PM — LP FIELD 7A-2
TUESDAY (CC) — 5:20PM — 6:20PM — LP FIELD 7B
THURSDAY — 5:00PM — 6:10PM — LP FIELD 6A-2

06B PREMIER RED

MONDAY — 7:30PM — 8:40PM — LP FIELD 7B
TUESDAY (CC) — 5:20PM — 6:20PM — LP FIELD 7A
THURSDAY — 6:10PM — 7:20PM — LP FIELD 7A-2

**SCHEDULE START DATE: AUGUST 1ST, 2022
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LONG PARK (LP) — 4603 JAMES MADISON HWY**

08G PREMIER RED

TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1A
WEDNESDAY — 6:10PM — 7:20PM — LP FIELD 5A-2
THURSDAY — 7:20PM — 8:30PM — LP FIELD 7A-2

08G PREMIER ROYAL

TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1A
WEDNESDAY — 8:30PM — 9:40PM — LP FIELD 6B-1
FRIDAY — 6:15PM — 7:30PM — LP FIELD 7A-2

07G PREMIER RED

TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1A
WEDNESDAY — 8:30PM — 9:40PM — LP FIELD 6A
THURSDAY — 5:00PM — 6:10PM — CRP FIELD 2A

07G PREMIER ROYAL

MONDAY — 6:20PM — 7:30PM — LP FIELD 7B-2
TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1A
FRIDAY — 5:00PM — 6:15PM — LP FIELD 7A

06G PREMIER RED

MONDAY — 8:40PM — 9:50PM — LP FIELD 7B
TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1B
THURSDAY — 5:00PM — 6:10PM — LP FIELD 7A-2

