



**VSA FALL 2022 PRACTICE SCHEDULE
U9-U10 & ADP
CLUB CONCEPT (CC): AUG 16TH
SCHEDULE SUBJECT TO CHANGE**

14B PULISIC

MONDAY — 5:00PM — 6:00PM — LP FIELD 5
WEDNESDAY — 5:00PM — 6:00PM — LP FIELD 1
THURSDAY — 5:00PM — 6:00PM — LP FIELD 1

14B MCKENNIE

MONDAY — 6:05PM — 7:05PM — LP FIELD 5
WEDNESDAY — 5:00PM — 6:00PM — LP FIELD 1
THURSDAY — 5:00PM — 6:00PM — LP FIELD 1

14B ADAMS, REYNA & DEST

MONDAY — 6:05PM — 7:05PM — LP FIELD 5
WEDNESDAY — 5:00PM — 6:00PM — LP FIELD 1
THURSDAY — 5:00PM — 6:00PM — LP FIELD 1

13B PULISIC

MONDAY (CC) — 7:15PM — 8:15PM — LP FIELD 5
WEDNESDAY — 6:10PM — 7:10PM — LP FIELD 1
THURSDAY — 6:10PM — 7:10PM — LP FIELD 1

13B MCKENNIE

MONDAY (CC) — 7:15PM — 8:15PM — LP FIELD 5
WEDNESDAY — 6:10PM — 7:10PM — LP FIELD 1
THURSDAY — 6:10PM — 7:10PM — LP FIELD 1

13B ADAMS & REYNA

MONDAY (CC) — 7:15PM — 8:15PM — LP FIELD 5
WEDNESDAY — 6:10PM — 7:10PM — LP FIELD 1
THURSDAY — 6:10PM — 7:10PM — LP FIELD 1

**SCHEDULE START DATE: AUGUST 1ST, 2022
CATHARPIN PARK (CRP) — 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) — 4603 JAMES MADISON HWY**

14G LAVELLE

MONDAY — 6:05PM — 7:05PM — LP FIELD 5
WEDNESDAY — 5:00PM — 6:00PM — LP FIELD 1
THURSDAY — 5:00PM — 6:00PM — LP FIELD 1

14G MEWIS & RODMAN

MONDAY — 6:05PM — 7:05PM — LP FIELD 5
WEDNESDAY — 5:00PM — 6:00PM — LP FIELD 1
THURSDAY — 5:00PM — 6:00PM — LP FIELD 1

14G HATCH

WEDNESDAY — 5:00PM — 6:00PM — LP FIELD 1
THURSDAY — 5:00PM — 6:00PM — LP FIELD 1

13G LAVELLE

MONDAY (CC) — 7:15PM — 8:15PM — LP FIELD 5
WEDNESDAY — 6:10PM — 7:10PM — LP FIELD 1
THURSDAY — 6:10PM — 7:10PM — LP FIELD 1

13G MEWIS

MONDAY (CC) — 7:15PM — 8:15PM — LP FIELD 5
WEDNESDAY — 6:10PM — 7:10PM — LP FIELD 1
THURSDAY — 6:10PM — 7:10PM — LP FIELD 1

13G RODMAN

MONDAY (CC) — 7:15PM — 8:15PM — LP FIELD 5
WEDNESDAY — 6:10PM — 7:10PM — LP FIELD 1
THURSDAY — 6:10PM — 7:10PM — LP FIELD 1





**VSA FALL 2022 PRACTICE SCHEDULE
U11-U14 ECNL RL & PREMIER ELITE
CLUB CONCEPT (CC): AUG 16TH
SCHEDULE SUBJECT TO CHANGE**

12B PRE-ECNL RL (VDA WEST)

MONDAY — 6:15PM — 7:30PM — LP FIELD 6A**
TUESDAY — 5:00PM — 6:10PM — LP FIELD 5A-2
THURSDAY — 6:10PM — 7:20PM — LP FIELD 1B

12B PREMIER ELITE

MONDAY — 5:00PM — 6:10PM — LP FIELD 7B-1
TUESDAY (CC) — 6:10PM — 7:10PM — LP FIELD 6
WEDNESDAY — 5:00PM — 6:15PM — LP FIELD 7B-2

11B PRE-ECNL RL (VDA WEST)

MONDAY — 7:35PM — 8:50PM — LP FIELD 6A**
TUESDAY — 5:00PM — 6:10PM — LP FIELD 5A-1
THURSDAY — 6:15PM — 7:45PM — LP FIELD 5A-1

11B PREMIER ELITE

MONDAY — 6:20PM — 7:30PM — LP FIELD 7A-1
TUESDAY (CC) — 6:10PM — 7:10PM — LP FIELD 6
WEDNESDAY — 6:25PM — 7:45PM — LP FIELD 7B-2

10B ECNL RL

TUESDAY (CC) — 8:15PM — 9:15PM — LP FIELD 6
WEDNESDAY — 5:00PM — 6:15PM — LP FIELD 5B
THURSDAY — 5:00PM — 6:10PM — LP FIELD 5B

09B ECNL RL

TUESDAY (CC) — 8:15PM — 9:15PM — LP FIELD 6
WEDNESDAY — 5:00PM — 6:15PM — LP FIELD 5A
THURSDAY — 6:15PM — 7:45PM — LP FIELD 5B

EVERY OTHER WEEK WILL BE AT HOWISON

**SCHEDULE START DATE: AUGUST 1ST, 2022
CATHARPIN PARK (CRP) — 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) — 4603 JAMES MADISON HWY**

12G PRE-ECNL RL (VDA WEST)

MONDAY — 6:15PM — 7:30PM — LP FIELD 6A**
WEDNESDAY — 5:00PM — 6:15PM — LP FIELD 7B-1
THURSDAY — 5:00PM — 6:10PM — LP FIELD 7B-1

12G PREMIER ELITE

TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6
WEDNESDAY — 6:25PM — 7:45PM — LP FIELD 6A-2
THURSDAY — 6:10PM — 7:20PM — LP FIELD 1A

11G PRE-ECNL RL (VDA WEST)

MONDAY — 7:35PM — 8:50PM — LP FIELD 6A**
WEDNESDAY — 10:15AM — 11:15AM — LP FIELD 5A
THURSDAY — 10:15AM — 11:15AM — LP FIELD 5A

11G PREMIER ELITE

MONDAY — 5:00PM — 6:10PM — LP FIELD 7A-1
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6
THURSDAY — 5:00PM — 6:10PM — LP FIELD 7A-1

10G ECNL RL

TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6
WEDNESDAY — 5:00PM — 6:15PM — LP FIELD 7A-1
THURSDAY — 5:00PM — 6:10PM — LP FIELD 6A

09G ECNL RL

TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6
WEDNESDAY — 5:00PM — 6:15PM — LP FIELD 7A-2
THURSDAY — 6:15PM — 7:45PM — LP FIELD 7B-1

EVERY OTHER WEEK WILL BE AT HOWISON





VSA FALL 2022 PRACTICE SCHEDULE
U11-U12 PREMIER
CLUB CONCEPT (CC): AUG 16TH
SCHEDULE SUBJECT TO CHANGE

SCHEDULE START DATE: AUGUST 1ST, 2022
CATHARPIN PARK (CRP) – 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) – 4603 JAMES MADISON HWY

12B PREMIER RED

MONDAY – 5:00PM – 6:10PM – LP FIELD 6B-2
TUESDAY (CC) – 6:10PM – 7:10PM – LP FIELD 6
THURSDAY – 6:15PM – 7:30PM – LP FIELD 2B

12G PREMIER RED

TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 6
WEDNESDAY – 6:25PM – 7:45PM – LP FIELD 6B-2
THURSDAY – 5:00PM – 6:15PM – LP FIELD 2B

12B PREMIER ROYAL

MONDAY – 5:00PM – 6:10PM – LP FIELD 6B-1
TUESDAY (CC) – 6:10PM – 7:10PM – LP FIELD 6
THURSDAY – 5:00PM – 6:15PM – LP FIELD 2A

11G PREMIER RED

MONDAY – 5:00PM – 6:10PM – LP FIELD 7B-2
TUESDAY (CC) – 5:00PM – 6:00PM – LP FIELD 6
FRIDAY – 6:15PM – 7:30PM – LP FIELD 7A-1

11B PREMIER RED

MONDAY – 6:20PM – 7:30PM – LP FIELD 7A-2
TUESDAY (CC) – 6:10PM – 7:10PM – LP FIELD 6
THURSDAY – 5:00PM – 6:15PM – LP FIELD 2A

11B PREMIER ROYAL

MONDAY – 5:00PM – 6:10PM – LP FIELD 6A-2
TUESDAY (CC) – 6:10PM – 7:10PM – LP FIELD 6
WEDNESDAY – 5:00PM – 6:15PM – LP FIELD 6A-1





VSA FALL 2022 PRACTICE SCHEDULE
U13-U14 PREMIER
CLUB CONCEPT (CC): AUG 16TH
SCHEDULE SUBJECT TO CHANGE

10B PREMIER RED

MONDAY — 6:15PM — 7:30PM — LP FIELD 6B-2
 TUESDAY (CC) — 8:15PM — 9:15PM — LP FIELD 6
 THURSDAY — 5:00PM — 6:15PM — LP FIELD 2B

10B PREMIER ROYAL

MONDAY — 7:45PM — 9:00PM — LP FIELD 7B-2
 TUESDAY (CC) — 8:15PM — 9:15PM — LP FIELD 6
 THURSDAY — 6:15PM — 7:30PM — LP FIELD 2A

09B PREMIER RED

MONDAY — 6:15PM — 7:30PM — LP FIELD 6B-1
 TUESDAY (CC) — 8:15PM — 9:15PM — LP FIELD 6
 WEDNESDAY — 6:25PM — 7:45PM — LP FIELD 6B-1

SCHEDULE START DATE: AUGUST 1ST, 2022
CATHARPIN PARK (CRP) — 4805 SUDLEY RD
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LONG PARK (LP) — 4603 JAMES MADISON HWY

10G PREMIER RED

MONDAY — 6:20PM — 7:30PM — LP FIELD 7A-1
 TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6
 THURSDAY — 6:15PM — 7:45PM — LP FIELD 7A-1

10G PREMIER ROYAL

TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6
 WEDNESDAY — 5:00PM — 6:15PM — LP FIELD 6B-2
 THURSDAY — 5:00PM — 6:10PM — LP FIELD 5A-2

09G PREMIER RED

TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6
 WEDNESDAY — 6:25PM — 7:45PM — LP FIELD 6A-1
 THURSDAY — 6:15PM — 7:45PM — LP FIELD 7A-2

09G PREMIER ROYAL

TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6
 WEDNESDAY — 7:55PM — 9:15PM — LP FIELD 6B-2
 THURSDAY — 6:15PM — 7:30PM — LP FIELD 2B





VSA FALL 2022 PRACTICE SCHEDULE
U15-U19 ECNL RL
CLUB CONCEPT (CC): AUG 16TH
SCHEDULE SUBJECT TO CHANGE

SCHEDULE START DATE: AUGUST 1ST, 2022
CATHARPIN PARK (CRP) – 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) – 4603 JAMES MADISON HWY

08B ECNL RL

TUESDAY (CC) – 5:00PM – 6:00PM – CRP FIELD 1
 WEDNESDAY – 6:25PM – 7:45PM – LP FIELD 5A
 THURSDAY – 6:15PM – 7:45PM – LP FIELD 5A-2

08G ECNL RL

TUESDAY (CC) – 5:00PM – 6:00PM – CRP FIELD 2
 WEDNESDAY – 9:00AM – 10:00AM – LP FIELD 5A
 THURSDAY – 9:00AM – 10:00AM – LP FIELD 5A

07B ECNL RL

TUESDAY (CC) – 5:00PM – 6:00PM – CRP FIELD 1
 WEDNESDAY – 6:25PM – 7:45PM – LP FIELD 5B
 THURSDAY – 8:00PM – 9:30PM – LP FIELD 7B

07G ECNL RL

TUESDAY (CC) – 5:00PM – 6:00PM – CRP FIELD 2
 WEDNESDAY – 7:55PM – 9:30PM – LP FIELD 7B
 FRIDAY – 6:15PM – 7:30PM – LP FIELD 7B

06B ECNL RL

TUESDAY (CC) – 6:05PM – 7:05PM – CRP FIELD 1
 WEDNESDAY – 7:55PM – 9:30PM – LP FIELD 5A
 THURSDAY – 8:00PM – 9:30PM – LP FIELD 7A

06G ECNL RL

TUESDAY (CC) – 6:05PM – 7:05PM – CRP FIELD 2
 WEDNESDAY – 6:25PM – 7:45PM – LP FIELD 7A-2
 THURSDAY – 5:00PM – 6:10PM – LP FIELD 7B-2

05/04B ECNL RL

TUESDAY (CC) – 6:05PM – 7:05PM – CRP FIELD 1
 WEDNESDAY – 7:55PM – 9:30PM – LP FIELD 5B
 THURSDAY – 5:00PM – 6:10PM – LP FIELD 6B

05/04G ECNL RL

TUESDAY (CC) – 6:05PM – 7:05PM – CRP FIELD 2
 WEDNESDAY – 6:25PM – 7:45PM – LP FIELD 7B-1
 FRIDAY – 5:00PM – 6:15PM – LP FIELD 7B





VSA FALL 2022 PRACTICE SCHEDULE
U15-U19 PREMIER
CLUB CONCEPT (CC): AUG 16TH
SCHEDULE SUBJECT TO CHANGE

SCHEDULE START DATE: AUGUST 1ST, 2022
CATHARPIN PARK (CRP) – 4805 SUDLEY RD
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08B PREMIER RED

MONDAY – 7:45PM – 9:00PM – LP FIELD 7B-1
 TUESDAY (CC) – 5:00PM – 6:00PM – CRP FIELD 1
 WEDNESDAY – 7:55PM – 9:15PM – LP FIELD 6B-1

08G PREMIER RED

TUESDAY (CC) – 5:00PM – 6:00PM – CRP FIELD 2
 WEDNESDAY – 6:25PM – 7:45PM – LP FIELD 7A-1
 THURSDAY – 6:15PM – 7:45PM – LP FIELD 7B-2

08B PREMIER ROYAL

MONDAY – 5:00PM – 5:55PM – LP FIELD 5A
 TUESDAY (CC) – 5:00PM – 6:00PM – CRP FIELD 1
 WEDNESDAY – 5:00PM – 6:15PM – LP FIELD 6A-2

08G PREMIER ROYAL

TUESDAY (CC) – 5:00PM – 6:00PM – CRP FIELD 2
 WEDNESDAY – 7:55PM – 9:15PM – LP FIELD 6A-1
 FRIDAY – 6:15PM – 7:30PM – LP FIELD 7A-2

07B PREMIER RED

MONDAY – 5:00PM – 5:55PM – LP FIELD 5B
 TUESDAY (CC) – 5:00PM – 6:00PM – CRP FIELD 1
 THURSDAY – 6:15PM – 7:30PM – LP FIELD 2A

07G PREMIER RED

TUESDAY (CC) – 5:00PM – 6:00PM – CRP FIELD 2
 WEDNESDAY – 7:55PM – 9:15PM – LP FIELD 6A-1
 THURSDAY – 5:00PM – 6:10PM – LP FIELD 7A-2

07G PREMIER ROYAL

MONDAY – 6:20PM – 7:30PM – LP FIELD 7B-2
 TUESDAY (CC) – 5:00PM – 6:00PM – CRP FIELD 2
 FRIDAY – 5:00PM – 6:15PM – LP FIELD 7A

06B PREMIER RED

MONDAY – 7:45PM – 9:00PM – LP FIELD 7A
 TUESDAY (CC) – 6:05PM – 7:05PM – CRP FIELD 1
 WEDNESDAY – 5:00PM – 6:15PM – LP FIELD 6B-1

06G PREMIER RED

MONDAY – 7:40PM – 8:55PM – LP FIELD 6B
 TUESDAY (CC) – 6:05PM – 7:05PM – CRP FIELD 2
 THURSDAY – 5:00PM – 6:10PM – LP FIELD 5A-1

