

**VSA SPRING 2024 PRACTICE SCHEDULE  
U9-U10 POD 1 & FUTURES  
CLUB CONCEPT (CC): MARCH 4, 2024  
SCHEDULE SUBJECT TO CHANGE**

FUTURES BOYS

MONDAY — 5:00PM — 6:00PM — LP FIELD 5  
WEDNESDAY — 5:00PM — 5:55PM — LP FIELD 5

15B PULISIC

MONDAY — 5:00PM — 6:25PM — LP FIELD 6A  
TUESDAY — 5:00PM — 6:25PM — LP FIELD 5A-2  
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 1A

15B MCKENNIE

MONDAY — 5:00PM — 6:25PM — LP FIELD 6A  
TUESDAY — 5:00PM — 6:25PM — LP FIELD 5A-2  
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 1A

14B PULISIC

MONDAY — 6:30PM — 7:55PM — LP FIELD 6A  
WEDNESDAY — 6:00PM — 7:25PM — LP FIELD 5A-1  
THURSDAY — 6:30PM — 8:00PM — CRP FIELD 1A

14B MCKENNIE

MONDAY — 6:30PM — 7:55PM — LP FIELD 6A  
WEDNESDAY — 6:00PM — 7:25PM — LP FIELD 5A-1  
THURSDAY — 6:30PM — 8:00PM — CRP FIELD 1A

**SCHEDULE START DATE: APRIL 1  
CATHARPIN PARK (CRP) — 4805 SUDLEY RD  
CATHARPIN, VA 20143  
LONG PARK (LP) — 4603 JAMES MADISON HWY**

FUTURES GIRLS

MONDAY — 5:00PM — 6:00PM — LP FIELD 5  
WEDNESDAY — 5:00PM — 5:55PM — LP FIELD 5

15G LAVELLE

MONDAY — 5:00PM — 6:25PM — LP FIELD 6B  
WEDNESDAY — 6:00PM — 7:25PM — LP FIELD 5A-2  
THURSDAY — 6:30PM — 8:00PM — CRP FIELD 1B

15G SAUERBRUNN

MONDAY — 5:00PM — 6:25PM — LP FIELD 6B  
WEDNESDAY — 6:00PM — 7:25PM — LP FIELD 5A-2  
THURSDAY — 6:30PM — 8:00PM — CRP FIELD 1B

14G LAVELLE

MONDAY — 6:30PM — 7:55PM — LP FIELD 6B  
TUESDAY — 5:00PM — 6:25PM — LP FIELD 5B-1  
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 1B

14G SAUERBRUNN

MONDAY — 6:30PM — 7:55PM — LP FIELD 6B  
TUESDAY — 5:00PM — 6:25PM — LP FIELD 5B-1  
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 1B



**VSA SPRING 2024 PRACTICE SCHEDULE  
U9-U10 POD 2\*\*  
CLUB CONCEPT (CC): MARCH 4, 2024  
SCHEDULE SUBJECT TO CHANGE**

15B ADAMS

MONDAY — 5:00PM — 6:25PM — LP FIELD 6A  
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 1A

15B DEST

MONDAY — 5:00PM — 6:25PM — LP FIELD 6A  
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 1A

14B ADAMS

MONDAY — 6:30PM — 7:55PM — LP FIELD 6A  
THURSDAY — 6:30PM — 8:00PM — CRP FIELD 1A

14B DEST

MONDAY — 6:30PM — 7:55PM — LP FIELD 6A  
THURSDAY — 6:30PM — 8:00PM — CRP FIELD 1A

**SCHEDULE START DATE: APRIL 1  
CATHARPIN PARK (CRP) — 4805 SUDLEY RD  
CATHARPIN, VA 20143  
LONG PARK (LP) — 4603 JAMES MADISON HWY**

15G RODMAN

MONDAY — 5:00PM — 6:25PM — LP FIELD 6B  
WEDNESDAY — 5:00PM — 6:25PM — CRP FIELD 1B

15G HORAN

MONDAY — 5:00PM — 6:25PM — LP FIELD 6B  
WEDNESDAY — 5:00PM — 6:25PM — CRP FIELD 1B

14G RODMAN

MONDAY — 6:30PM — 7:55PM — LP FIELD 6B  
WEDNESDAY — 6:30PM — 7:55PM — CRP FIELD 1B

14G HORAN

MONDAY — 6:30PM — 7:55PM — LP FIELD 6B  
WEDNESDAY — 6:30PM — 7:55PM — CRP FIELD 1B

\*\*POD 2 TEAMS WILL HAVE AN ADDITIONAL OPPORTUNITY FOR A THIRD SESSION THAT WILL BE COMMUNICATED BY THE ZONE 1 DIRECTOR\*\*



**VSA SPRING 2024 PRACTICE SCHEDULE  
U11-U14 ECNL RL & PRE-ECNL II  
CLUB CONCEPT (CC): MARCH 4, 2024  
SCHEDULE SUBJECT TO CHANGE**

**13B PRE-ECNL RL I VDA WEST**

MONDAY — 6:15PM — 7:45PM — LP FIELD 5A\*\*  
TUESDAY — 5:00PM — 6:25PM — LP FIELD 5A-1  
THURSDAY — 5:00PM — 6:25PM — LP FIELD 5A

**13B PRE-ECNL II**

MONDAY — 5:00PM — 6:25PM — LP FIELD 7B-2  
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6  
WEDNESDAY — 5:00PM — 6:25PM — CRP FIELD 1A-2

**12B PRE-ECNL RL I VDA WEST**

MONDAY — 6:15PM — 7:45PM — LP FIELD 5A\*\*  
WEDNESDAY — 6:30PM — 7:55PM — LP FIELD 6B-2  
THURSDAY — 5:00PM — 6:25PM — LP FIELD 5A-2

**12B PRE-ECNL II**

MONDAY — 6:30PM — 7:55PM — LP FIELD 7B-2  
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6  
WEDNESDAY — 6:30PM — 7:55PM — CRP FIELD 1A

**11B ECNL RL**

TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6  
WEDNESDAY — 6:10PM — 7:35PM — LP FIELD 5B-1  
THURSDAY — 6:35PM — 8:00PM — CRP FIELD 2A

**10B ECNL RL**

TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6  
WEDNESDAY — 6:30PM — 7:55PM — LP FIELD 7B-2  
THURSDAY — 6:30PM — 7:55PM — CRP FIELD 2B

**SCHEDULE START DATE: APRIL 1  
CATHARPIN PARK (CRP) — 4805 SUDLEY RD  
CATHARPIN, VA 20143  
LONG PARK (LP) — 4603 JAMES MADISON HWY**

**13G PRE-ECNL RL I VDA WEST**

MONDAY — 6:15PM — 7:45PM — LP FIELD 5A\*\*  
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 6B-2  
THURSDAY — 6:30PM — 7:55PM — LP FIELD 5A-2

**13G PRE-ECNL II**

TUESDAY (CC) — 6:35PM — 7:35PM — LP FIELD 7A  
WEDNESDAY — 5:00PM — 6:25PM — CRP FIELD 2A-1  
THURSDAY — 5:00PM — 6:25PM — LP FIELD 7B-1

**12G PRE-ECNL RL I VDA WEST**

MONDAY — 6:15PM — 7:45PM — LP FIELD 5A\*\*  
WEDNESDAY — 6:10PM — 7:35PM — LP FIELD 5B-2  
THURSDAY — 6:30PM — 7:55PM — LP FIELD 5A-1

**12G PRE-ECNL II**

MONDAY — 6:35PM — 8:00PM — LP FIELD 7A-2  
TUESDAY (CC) — 6:35PM — 7:35PM — LP FIELD 7A  
WEDNESDAY — 7:25PM — 8:40PM — LP FIELD 5A-2

**11G ECNL RL**

TUESDAY (CC) — 6:05PM — 7:05PM — LP FIELD 6  
WEDNESDAY — 6:30PM — 7:55PM — LP FIELD 6B-1  
THURSDAY — 6:30PM — 7:55PM — LP FIELD 5B-1

**10G ECNL RL**

TUESDAY (CC) — 6:05PM — 7:05PM — LP FIELD 6  
WEDNESDAY — 6:30PM — 7:55PM — LP FIELD 7A-1  
THURSDAY — 6:30PM — 7:55PM — LP FIELD 5B-2

\*\*EVERY OTHER WEEK WILL BE AT HOWISON\*\*

\*\*EVERY OTHER WEEK WILL BE AT HOWISON\*\*



**VSA SPRING 2024 PRACTICE SCHEDULE**  
**U11-U12 PREMIER**  
**CLUB CONCEPT (CC): MARCH 4, 2024**  
**SCHEDULE SUBJECT TO CHANGE**

13B PREMIER RED

MONDAY — 5:00PM — 6:25PM — CRP FIELD 1A-2  
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6  
THURSDAY — 6:30PM — 7:55PM — LP FIELD 7A-2

13B PREMIER ROYAL

TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6  
WEDNESDAY — 6:30PM — 7:55PM — LP FIELD 6A-2  
THURSDAY — 6:30PM — 7:55PM — CRP FIELD 1B-2

12B PREMIER RED

MONDAY — 6:00PM — 7:25PM — CRP FIELD 1A-1  
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6  
WEDNESDAY — 6:00PM — 7:25PM — CRP FIELD 1A-1

12B PREMIER ROYAL

MONDAY — 6:30PM — 7:55PM — LP FIELD 7B-1  
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6  
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 7A-1

**SCHEDULE START DATE: APRIL 1**  
**CATHARPIN PARK (CRP) — 4805 SUDLEY RD**  
**CATHARPIN, VA 20143**  
**LONG PARK (LP) — 4603 JAMES MADISON HWY**

13G PREMIER RED

MONDAY — 5:00PM — 6:25PM — LP FIELD 7A-1  
TUESDAY (CC) — 6:35PM — 7:35PM — LP FIELD 7A  
THURSDAY — 5:00PM — 6:25PM — LP FIELD 7B-2

12G PREMIER RED

MONDAY — 6:30PM — 7:55PM — LP FIELD 7A-1  
TUESDAY (CC) — 6:35PM — 7:35PM — LP FIELD 7A  
THURSDAY — 5:00PM — 6:25PM — LP FIELD 7B-1



**VSA SPRING 2024 PRACTICE SCHEDULE  
U13-U14 PREMIER  
CLUB CONCEPT (CC): MARCH 4, 2024  
SCHEDULE SUBJECT TO CHANGE**

11B PREMIER RED

MONDAY — 6:15PM — 7:45PM — LP FIELD 5B-1  
TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6  
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 7B

11B PREMIER ROYAL

MONDAY — 5:00PM — 6:25PM — LP FIELD 7A-2  
TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6  
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 6B-1

10B PREMIER RED

MONDAY — 7:45PM — 9:10PM — LP FIELD 5B-1  
TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6  
WEDNESDAY — 8:05PM — 9:30PM — LP FIELD 7B-2

10B PREMIER ROYAL

MONDAY — 6:30PM — 7:55PM — CRP FIELD 1B  
TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6  
THURSDAY — 8:05PM — 9:30PM — LP FIELD 7B

**SCHEDULE START DATE: APRIL 1  
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CATHARPIN, VA 20143  
LONG PARK (LP) — 4603 JAMES MADISON HWY**

11G PREMIER RED

TUESDAY (CC) — 6:05PM — 7:05PM — LP FIELD 6  
WEDNESDAY — 6:30PM — 7:55PM — CRP FIELD 2A-1  
THURSDAY — 6:30PM — 7:55PM — LP FIELD 7B-1

11G PREMIER ROYAL

MONDAY — 6:30PM — 7:55PM — CRP FIELD 1A  
TUESDAY (CC) — 6:05PM — 7:05PM — LP FIELD 6  
WEDNESDAY — 6:30PM — 7:55PM — CRP FIELD 2B-1

10G PREMIER RED

TUESDAY (CC) — 6:05PM — 7:05PM — LP FIELD 6  
WEDNESDAY — 6:30PM — 7:55PM — CRP FIELD 2A-2  
THURSDAY — 6:30PM — 7:55PM — LP FIELD 7B-2

10G PREMIER ROYAL

TUESDAY (CC) — 6:05PM — 7:05PM — LP FIELD 6  
WEDNESDAY — 6:30PM — 7:55PM — LP FIELD 7B-1  
FRIDAY — 6:15PM — 7:45PM — LP FIELD 5A



**VSA SPRING 2024 PRACTICE SCHEDULE**  
**U15-U19 ECNL RL**  
**CLUB CONCEPT (CC): MARCH 4, 2024**  
**SCHEDULE SUBJECT TO CHANGE**

09B ECNL RL

MONDAY — 8:05PM — 9:30PM — LP FIELD 6  
WEDNESDAY — 6:30PM — 7:55PM — LP FIELD 7A-2

08B ECNL RL

MONDAY — 8:05PM — 9:30PM — LP FIELD 6  
WEDNESDAY — 6:30PM — 7:55PM — LP FIELD 7A-2

07B ECNL RL

MONDAY — 8:05PM — 9:30PM — LP FIELD 6  
WEDNESDAY — 8:05PM — 9:30PM — LP FIELD 6B-2

06/05B ECNL RL

MONDAY — 8:05PM — 9:30PM — LP FIELD 6  
WEDNESDAY — 8:05PM — 9:30PM — LP FIELD 6B

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**CATHARPIN PARK (CRP) — 4805 SUDLEY RD**  
**CATHARPIN, VA 20143**  
**LONG PARK (LP) — 4603 JAMES MADISON HWY**

09G ECNL RL

MONDAY — 8:05PM — 9:30PM — LP FIELD 7  
THURSDAY — 5:00PM — 6:25PM — LP FIELD 7A

08G ECNL RL

MONDAY — 8:05PM — 9:30PM — LP FIELD 7  
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 7B

07G ECNL RL

MONDAY — 8:05PM — 9:30PM — LP FIELD 7  
WEDNESDAY — 8:05PM — 9:30PM — LP FIELD 7A-1

06/05G ECNL RL

MONDAY — 8:05PM — 9:30PM — LP FIELD 7  
WEDNESDAY — 8:05PM — 9:30PM — LP FIELD 7A-1



**VSA SPRING 2024 PRACTICE SCHEDULE  
U15-U19 PREMIER  
CLUB CONCEPT (CC): MARCH 4, 2024  
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09B PREMIER RED

MONDAY — 6:15PM — 7:45PM — LP FIELD 5B-2  
WEDNESDAY — 6:30PM — 7:55PM — LP FIELD 6A-1

09B PREMIER ROYAL

MONDAY — 7:45PM — 9:10PM — LP FIELD 5B-2  
THURSDAY — 8:05PM — 9:30PM — LP FIELD 7A

08B PREMIER RED

MONDAY — 8:05PM — 9:30PM — LP FIELD 6  
WEDNESDAY — 7:35PM — 9:00PM — LP FIELD 5B-1

08B PREMIER ROYAL

MONDAY — 8:05PM — 9:30PM — LP FIELD 6  
WEDNESDAY — 7:35PM — 9:00PM — LP FIELD 5B-2

07B PREMIER RED

MONDAY — 8:05PM — 9:30PM — LP FIELD 6  
WEDNESDAY — 8:05PM — 9:30PM — LP FIELD 6A-1

06/05B PREMIER RED

MONDAY — 8:05PM — 9:30PM — LP FIELD 6  
WEDNESDAY — 8:05PM — 9:30PM — LP FIELD 6A-2

**SCHEDULE START DATE: APRIL 1  
CATHARPIN PARK (CRP) — 4805 SUDLEY RD  
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LONG PARK (LP) — 4603 JAMES MADISON HWY**

09G PREMIER RED

MONDAY — 7:45PM — 9:10PM — LP FIELD 5A  
THURSDAY — 5:00PM — 6:25PM — LP FIELD 5B

09G PREMIER ROYAL

WEDNESDAY — 8:05PM — 9:30PM — LP FIELD 7B-1  
FRIDAY — 7:50PM — 8:35PM — LP FIELD 5A

08G PREMIER RED

MONDAY — 8:05PM — 9:30PM — LP FIELD 7  
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 6A-1

07G PREMIER RED

MONDAY — 8:05PM — 9:30PM — LP FIELD 7  
WEDNESDAY — 5:00PM — 6:25PM — CRP FIELD 2A-2

08/07G PREMIER ROYAL

MONDAY — 8:05PM — 9:30PM — LP FIELD 7  
WEDNESDAY — 5:00PM — 6:25PM — CRP FIELD 2B-1

06/05G PREMIER RED

MONDAY — 8:05PM — 9:30PM — LP FIELD 7  
WEDNESDAY — 8:05PM — 9:30PM — LP FIELD 7A-2

