



**VSA WINTER 2022-23 PRACTICE SCHEDULE
U9-U10 & ADP
SCHEDULE SUBJECT TO CHANGE**

**SCHEDULE START DATE: JANURAY 9TH, 2023
LONG PARK (LP) – 4603 JAMES MADISON HWY**

ADP BOYS

WEDNESDAY – 5:00PM – 5:45PM – LP FIELD 5

14B PULISIC

WEDNESDAY – 5:45PM – 6:45PM – LP FIELD 5

THURSDAY – 5:00PM – 6:00PM – LP FIELD 5

14B MCKENNIE

WEDNESDAY – 5:45PM – 6:45PM – LP FIELD 5

THURSDAY – 5:00PM – 6:00PM – LP FIELD 5

14B ADAMS, REYNA & DEST

WEDNESDAY – 5:45PM – 6:45PM – LP FIELD 5

THURSDAY – 5:00PM – 6:00PM – LP FIELD 5

13B PULISIC

WEDNESDAY – 6:45PM – 7:45PM – LP FIELD 5

THURSDAY – 6:05PM – 7:05PM – LP FIELD 5

13B MCKENNIE

WEDNESDAY – 6:45PM – 7:45PM – LP FIELD 5

THURSDAY – 6:05PM – 7:05PM – LP FIELD 5

13B ADAMS & REYNA

WEDNESDAY – 6:45PM – 7:45PM – LP FIELD 5

THURSDAY – 6:05PM – 7:05PM – LP FIELD 5

ADP GIRLS

WEDNESDAY – 5:00PM – 5:45PM – LP FIELD 5

14G LAVELLE

WEDNESDAY – 5:45PM – 6:45PM – LP FIELD 5

THURSDAY – 6:05PM – 7:05PM – LP FIELD 5

14G MEWIS & RODMAN

WEDNESDAY – 5:45PM – 6:45PM – LP FIELD 5

THURSDAY – 5:00PM – 6:00PM – LP FIELD 5

14G HATCH

WEDNESDAY – 5:45PM – 6:45PM – LP FIELD 5

THURSDAY – 5:00PM – 6:00PM – LP FIELD 5

13G LAVELLE

WEDNESDAY – 6:45PM – 7:45PM – LP FIELD 5

THURSDAY – 6:05PM – 7:05PM – LP FIELD 5

13G MEWIS

WEDNESDAY – 6:45PM – 7:45PM – LP FIELD 5

THURSDAY – 6:05PM – 7:05PM – LP FIELD 5

13G RODMAN

WEDNESDAY – 6:45PM – 7:45PM – LP FIELD 5

THURSDAY – 6:05PM – 7:05PM – LP FIELD 5





**VSA WINTER 2022-23 PRACTICE SCHEDULE
U11-U14 ECNL RL & PREMIER ELITE
SCHEDULE SUBJECT TO CHANGE**

**SCHEDULE START DATE: JANURAY 9TH, 2023
LONG PARK (LP) – 4603 JAMES MADISON HWY**

12B PRE-ECNL RL (VDA WEST)

WEDNESDAY – 7:10PM – 8:10PM – LP FIELD 7B-1
THURSDAY – 5:00PM – 6:00PM – LP FIELD 7A-2

12B PREMIER ELITE

TUESDAY – 6:05PM – 7:05PM – LP FIELD 6B-1
WEDNESDAY – 6:05PM – 7:05PM – LP FIELD 7A-3

11B PRE-ECNL RL (VDA WEST)

WEDNESDAY – 5:00PM – 6:00PM – LP FIELD 7B-1
THURSDAY – 5:00PM – 6:00PM – LP FIELD 7A-1

11B PREMIER ELITE

TUESDAY – 5:00PM – 6:0PM – LP FIELD 6B-1
THURSDAY – 5:00PM – 6:00PM – LP FIELD 7A-2

10B ECNL RL

TUESDAY – 5:00PM – 6:00PM – LP FIELD 7A-2
WEDNESDAY – 5:00PM – 6:00PM – LP FIELD 6A-1

09B ECNL RL

MONDAY – 7:30PM – 8:30PM – LP FIELD 6A
THURSDAY – 7:10PM – 8:10PM – LP FIELD 5A-2

12G PRE-ECNL RL (VDA WEST)

TUESDAY – 5:00PM – 6:00PM – LP FIELD 7A-2
WEDNESDAY – 5:00PM – 6:00PM – LP FIELD 7A-2

12G PREMIER ELITE

MONDAY – 5:00PM – 6:00PM – LP FIELD 7A-1
TUESDAY – 5:00PM – 6:00PM – LP FIELD 7A-1

11G PRE-ECNL RL (VDA WEST)

MONDAY – 5:00PM – 6:00PM – LP FIELD 7B-1
THURSDAY – 5:00PM – 6:00PM – LP FIELD 7B-1

11G PREMIER ELITE

MONDAY – 5:00PM – 6:00PM – LP FIELD 7B-2
WEDNESDAY – 5:00PM – 6:00PM – LP FIELD 7A-3

10G ECNL RL

TUESDAY – 5:00PM – 6:00PM – LP FIELD 6A-1
WEDNESDAY – 5:00PM – 6:00PM – LP FIELD 6B-2

09G ECNL RL

WEDNESDAY – 6:05PM – 7:05PM – LP FIELD 6A-2
THURSDAY – 5:00PM – 6:15PM – LP FIELD 6A-2





**VSA WINTER 2022-23 PRACTICE SCHEDULE
U11-U12 PREMIER
SCHEDULE SUBJECT TO CHANGE**

**SCHEDULE START DATE: JANURAY 9TH, 2023
LONG PARK (LP) – 4603 JAMES MADISON HWY**

12B PREMIER RED

TUESDAY – 6:05PM – 7:05PM – LP FIELD 6B-1
THURSDAY – 6:05PM – 7:05PM – LP FIELD 7A-2

12G PREMIER RED

MONDAY – 5:00PM – 6:00PM – LP FIELD 7A-2
WEDNESDAY – 5:00PM – 6:00PM – LP FIELD 7A-1

12B PREMIER ROYAL

MONDAY – 6:10PM – 7:10PM – LP FIELD 7B-3
TUESDAY – 5:00PM – 6:00PM – LP FIELD 6B-2

11G PREMIER RED

MONDAY – 6:10PM – 7:10PM – LP FIELD 7A-1
FRIDAY – 5:00PM – 6:00PM – LP FIELD 5B-2

11B PREMIER RED

WEDNESDAY – 5:00PM – 6:00PM – LP FIELD 7B-3
THURSDAY – 5:00PM – 6:00PM – LP FIELD 7A-3

11B PREMIER ROYAL

MONDAY – 5:00PM – 6:00PM – LP FIELD 7B-3
THURSDAY – 6:05PM – 7:05PM – LP FIELD 7B-1





**VSA WINTER 2022-23 PRACTICE SCHEDULE
U13-U14 PREMIER
SCHEDULE SUBJECT TO CHANGE**

**SCHEDULE START DATE: JANURAY 9TH, 2023
LONG PARK (LP) – 4603 JAMES MADISON HWY**

10B PREMIER RED

TUESDAY – 5:00PM – 6:00PM – LP FIELD 6A-2
THURSDAY – 7:10PM – 8:10PM – LP FIELD 7A-1

10G PREMIER RED

MONDAY – 7:20PM – 8:20PM – LP FIELD 7B-1
WEDNESDAY – 6:05PM – 7:05PM – LP FIELD 7B-1

10B PREMIER ROYAL

MONDAY – 7:20PM – 8:20PM – LP FIELD 7A-2
TUESDAY – 6:05PM – 7:05PM – LP FIELD 6B-2

10G PREMIER ROYAL

WEDNESDAY – 5:00PM – 6:00PM – LP FIELD 6B-1
THURSDAY – 5:00PM – 6:15PM – LP FIELD 6B-1

09B PREMIER RED

MONDAY – 6:10PM – 7:10PM – LP FIELD 7B-2
FRIDAY – 6:10PM – 7:10PM – LP FIELD 5A-1

09G PREMIER RED

WEDNESDAY – 6:05PM – 7:05PM – LP FIELD 7A-1
THURSDAY – 5:00PM – 6:15PM – LP FIELD 6B-2

09G PREMIER ROYAL

MONDAY – 6:10PM – 7:10PM – LP FIELD 7A-2
WEDNESDAY – 7:10PM – 8:10PM – LP FIELD 7A-2





**VSA WINTER 2022-23 PRACTICE SCHEDULE
U15-U19 ECNL RL
SCHEDULE SUBJECT TO CHANGE**

**SCHEDULE START DATE: JANURAY 9TH, 2023
LONG PARK (LP) – 4603 JAMES MADISON HWY**

08B ECNL RL

TUESDAY – 7:10PM – 8:10PM – LP FIELD 6A
THURSDAY – 6:05PM – 7:05PM – LP FIELD 7B-2

08G ECNL RL

MONDAY – 6:10PM – 7:10PM – LP FIELD 7B-1
THURSDAY – 7:10PM – 8:10PM – LP FIELD 7A-3

07B ECNL RL

TUESDAY – 7:10PM – 8:10PM – LP FIELD 6B-2
WEDNESDAY – 6:05PM – 7:05PM – LP FIELD 6A-1

07G ECNL RL

WEDNESDAY – 6:05PM – 7:05PM – LP FIELD 6B-1
THURSDAY – 7:10PM – 8:10PM – LP FIELD 5B-1

06B ECNL RL

TUESDAY – 6:05PM – 7:05PM – LP FIELD 6A-2
THURSDAY – 7:10PM – 8:10PM – LP FIELD 7B-1

06G ECNL RL

WEDNESDAY – 7:10PM – 8:10PM – LP FIELD 6A-2
THURSDAY – 7:10PM – 8:10PM – LP FIELD 5B-2

05/04B ECNL RL

TUESDAY – 5:00PM – 6:00PM – LP FIELD 5B-2
WEDNESDAY – 7:10PM – 8:10PM – LP FIELD 6B-2

05/04G ECNL RL

WEDNESDAY – 5:00PM – 6:00PM – LP FIELD 6A-2
THURSDAY – 5:00PM – 6:00PM – LP FIELD 6A-1





**VSA WINTER 2022-23 PRACTICE SCHEDULE
U15-U19 PREMIER
SCHEDULE SUBJECT TO CHANGE**

**SCHEDULE START DATE: JANURAY 9TH, 2023
LONG PARK (LP) – 4603 JAMES MADISON HWY**

08B PREMIER RED

MONDAY – 7:20PM – 8:20PM – LP FIELD 7B-2
FRIDAY – 7:20PM – 8:20PM – LP FIELD 5A-1

08B PREMIER ROYAL

TUESDAY – 5:00PM – 6:00PM – LP FIELD 5B-1
FRIDAY – 5:00PM – 6:00PM – LP FIELD 5A-1

07B PREMIER RED

WEDNESDAY – 6:05PM – 7:05PM – LP FIELD 7A-2
THURSDAY – 7:10PM – 8:10PM – LP FIELD 7A-2

06B PREMIER RED

TUESDAY – 7:10PM – 8:10PM – LP FIELD 6B-1
WEDNESDAY – 7:10PM – 8:10PM – LP FIELD 7B-1

08G PREMIER RED

TUESDAY – 6:05PM – 7:05PM – LP FIELD 6A-1
WEDNESDAY – 6:05PM – 7:05PM – LP FIELD 6B-2

08G PREMIER ROYAL

TUESDAY – 5:00PM – 6:00PM – LP FIELD 5A-1
FRIDAY – 6:10PM – 7:10PM – LP FIELD 5A-2

07G PREMIER RED

WEDNESDAY – 7:10PM – 8:10PM – LP FIELD 7A-1
THURSDAY – 7:10PM – 8:10PM – LP FIELD 5A-1

07G PREMIER ROYAL

MONDAY – 7:20PM – 8:20PM – LP FIELD 7A-1
FRIDAY – 6:10PM – 7:10PM – LP FIELD 5B-2

06G PREMIER RED

TUESDAY – 5:00PM – 6:00PM – LP FIELD 5A-2
WEDNESDAY – 6:05PM – 7:05PM – LP FIELD 7B-2

